

The Cumberland Fell Runners Association

7TH ENNERDALE HORSESHOE

8th June, 1974.

R E S U L T S

PRIZEWINNERS

Individual:

Nominal prize value

- |                                       |                           |
|---------------------------------------|---------------------------|
| 1. J. Naylor - Kendal A.C.            | £8.00 + winners trophy    |
| 2. M. A. Short - Horwich R.M.I.       | £5.50 + Monkhouse shield. |
| 3. A. Churchill - Clayton-le-Moors H. | £4.50                     |

Team:

- |   |           |
|---|-----------|
| 1. Blackburn Harriers & A. C.<br>(Walker, Halstead, Walkington) | 3 x £4.50 |
| 2. Kendal A.C. "A"<br>(Naylor, Nicholson, Roberts)              | 3 x £3.50 |
| 3. Sale Harriers<br>(Weir, Jackson, Carrington)                 | 3 x £2.50 |

Veterans: (over 40)

- |                                    |       |
|------------------------------------|-------|
| 1. E. Roberts - Kendal A.C.        | £4.00 |
| 2. A. Heaton - Clayton-le-Moors H. | £2.00 |
| 3. J. Marstrand - Lochaber A.C.    | £1.00 |

Father William Trophy: (over 50)

E. G. Leal - Ryde Harriers.

CRAG FELL RACE

(16 - 20 yrs)

- |                                    |                          |
|------------------------------------|--------------------------|
| 1. A. McGee - Keswick A.C.         | £3.00 + Crag Fell trophy |
| 2. P. Spencer-Ellis - Keswick A.C. | £1.00                    |

PRIZES DONATED BY:

The Cumberland Fell Runners Association, Mr and Mrs J. Long, Mr and Mrs C. Magorrian, Mr S. Bradshaw, Mr A. Humphries, Mrs E. Roberts and Mr D. Oliver.

PRIZES PRESENTED BY:

Mr J. J. Payne, Sales Director for the Workington Brewery Co.

<u>Pos.</u>	<u>Name &amp; Club</u>	<u>G.B.</u>	<u>R.P.</u>	<u>B.T.</u>	<u>G.G.</u>	<u>K.F.</u>	<u>P.</u>	<u>H.</u>	<u>I.C.</u>	<u>C.F.</u>	<u>Time</u>
1.	J. Naylor Kendal	1027	1050	1120	1140	1157	1225	12.43	1259	1318	3.32.42
2.	M.A. Short Horwich	1027	1050	1127	1148	1205	1235	12.54	1309	1328	3.40.32
3.	A. Churchill Clayton	1028	1053	1127	1149	1206	1235	12.54	1309	1328	3.40.51
4.	H.D. Walker Blackburn	1027	1050	1127	1148	1206	1235	12.54	1309	1329	3.43.44
5.	D. Halstead Blackbourn	1028	1053	1127	1149	1204	1235	12.54	1310	1332	3.50.35
6.	D. Weir Sale	1030	1055	1131	1153	1210	1242	13.03	1320	1344	3.58.30
7.	P. Walkington Blackburn	1031	1056	1134	1157	1215	1247	13.06	1325	1345	3.59.08
8.	M.P. Nicholson Kendal	1031	1056	1132	1156	1215	1248	13.10	1326	1348	4.05.45
9.	A. Shaw Rochdale	1031	1056	1133	1157	1217	1249	13.11	1328	1350	4.06.48
10.	*E.J. Roberts Kendal	1030	1056	1134	1157	1217	1250	13.12	1330	1353	4.08.12
11.	R. Jackson Sale	1031	1057	1134	1200	1220	1253	13.14	1332	1354	4.11.07
12.	N. Carrington Sale	1029	1055	1132	1154	1213	1247	13.10	1339	1355	4.12.10
13.	D. Booth Thames H. & H.	1030	1056	1134	1157	1217	1252	13.14	1333	1356	4.12.23
14.	P. Bland Kendal	1030	1056	1132	1156	1216	1253	13.15	1334	1357	4.13.30
15.	P. Hartley Rossendale	1034	1102	1140	1206	1225	1300	12.21	1338	1400	4.14.25
16.	A. Evans Kendal	1031	1056	1135	1200	1220	1253	13.16	1336	1359	4.15.21
17.	P. Trainor Keswick	1034	1101	1143	1210	1230	1304	13.25	1341	1401	4.15.46
18.	J. Smith Bury	1030	1056	1134	1200	1219	1255	13.19	1338	1402	4.17.50
19.	V.P. Duff Warrington	1032	1057	1140	1205	1225	1301	13.23	1341	1403	4.19.30
20.	M. Walford Kendal	1035	1104	1141	1209	1229	1303	13.26	1344	1407	4.21.57
21.	C. Brad Octavian D.	1033	1100	1140	1207	1229	1304	13.28	1345	1408	4.22.16
22.	D. Meek Keswick	1033	1058	1140	1205	1226	1302	13.28	1348	1414	4.23.36
23.	P. Dawes Kendal	1034	1101	1140	1207	1229	1306	13.31	1348	1415	4.30.46
24.	*A. Heaton Clayton	1036	1105	1146	1215	1237	1312	13.37	1354	1417	4.31.30
25.	H. Blenkinsop Sale	1033	1100	1144	1210	1235	1311	13.37	1355	1421	4.38.35
26.	C. Firstbrook Salford	1035	1100	1140	1207	1229	1306	13.31	1349	1420	4.40.15
27.	J. Richardson Rucksack	1034	1102	1146	1212	1237	1315	13.43	1404	1432	4.49.40
28.	R. Halenko Clayton	1033	1101	1145	1212	1236	1314	13.40	1401	1429	4.50.23
29.	J. North Clayton	1036	1105	1146	1215	1237	1312	13.37	1357	1427	4.50.29
30.	*J. Marstrand Lochaber	1034	1104	1149	1220	1244	1324	13.50	1409	1434	4.52.45
31.	R. Clarke Unattached	1037	1106	1150	1219	1242	1322	13.50	1408	1435	4.53.56
32.	R. Harding Invicta	1031	1057	1140	1205	1230	1317	13.50	1409	1435	4.57.01
33.	R.J. Castle Invicta	1031	1057	1140	1205	1230	1318	13.50	1409	1436	4.57.02
34.	H. Jarrett	1030	1054	1135	1200	1219	1301	13.30	1357	1436	5.02.28

<u>Pos.</u>	<u>Name &amp; Club</u>	<u>G.B.</u>	<u>R.P.</u>	<u>B.B.</u>	<u>G.G.</u>	<u>K.F.</u>	<u>P.</u>	<u>H.</u>	<u>I.C.</u>	<u>C.F.</u>	<u>Time</u>
35.	M. Kelly Lakeland	1035	1103	1143	1212	1238	1322	13.50	1411	1442	5.02.45
36.	B. Tatham Kendal	1034	1103	1146	1215	1240	1323	13.50	1412	1443	5.03.39
37.	C.J. Ratcliffe Rossendale	1036	1105	1149	1219	1244	1326	13.53	1415		5.04.58
38.	D.J. Waller Rossendale	1034	1102	1140	1209	1231	1316	13.46	1412	1445	5.04.59
39.	D. Berisford Clayton	1033	1100	1141	1210	1233	1316	13.46	1412	1445	5.06.14
40.	*E.G. Leal Ryde	1034	1103	1147	1218	1244	1327	13.55	1419	1448	5.07.56
41.	P.G. Thompson Warrington	1037	1108	1158	1229	1255	1335	14.02	1426	1452	5.08.21
42.	*Bob Jackson Salford	1035	1105	1150	1221	1248	1331	13.59	1422	1450	5.09.25
43.	P.R.deW. Young Unattached	1034	1102	1144	1215	1240	1328	14.04	1427	1454	5.09.45
44.	G. Pearson Invicta	1034	1102	1152	1221	1247	1332	14.03	1428	1455	5.12.30
45.	R.M. Connor Unattached	1035	1105	1152	1222	1248	1330	13.59	1423	1453	5.13.22
46.	D. Lamond Lakeland	1035	1105	1146	1218	1245	1334	14.09	1432	1504	5.24.30
47.	C.J. Seal Blackburn	1034	1101	1146	1221	1254	1348	14.24	1451	1525	5.42.55
48.	R.T. Brewster Keswick	1037	1108	1200	1233	1301	1348	14.23	1451	1520	5.42.59
49.	*F. Williams Manchester	1036	1107	1208	1245	1313	1359	14.30	1454	1523	5.43.24
50.	J.C. Shepherd Clayton	1035	1105	1152	1226	1258	1348	14.24	1451	1524	5.43.54
51.	L. Pollard Horwich	1038	1109	1158	1228	1257	1348	14.24	1451	1524	5.45.30
52.	M. Little Edinburgh	1035	1105	1150	1230	1302	1400	14.32	1456	1527	5.45.40
53.	K.M. Heywood Unattached	1037	1109	1159	1235	1306	1354	14.23	1451	1521	5.46.48
54.	J. Clarke Unattached	1038	1109	1158	1230	1301	1357	14.36	1500	1527	5.47.45
55.	*A. Hine Herne Hill	1036	1108	1155	1232	1309	1400	14.33	1459	1529	5.47.50
56.	*S. Bradshaw Clayton	1043	1118	1215	1251	1320	1407	14.39	1505	1534	5.52.24
57.	J.W. Smith Airedale	1055	1103	1152	1226	1258	1352	14.31	1459	1534	5.56.15
58.	M. Winstanley Liverpool	1038	1110	1158	1233	1304	1354	14.30	1459	1535	6.01.55
59.	A.R. Lamb R.A.F.	1037	1108	1215	1251		1417	14.55	1525	1555	6.17.54
60.	*K.F. Ledward Eskdale	1040	1112	1204	1243	1313	1403	14.37	1502	1550	6.26.40

#### Retired

T. Walker Eskdale	1031	1056	1134	1206	- Retired.						
S. Hunt Horwich	1036	1106	1150	1223	1259	1354	- Retired				

### TEAM RESULTS

1.	Blackburn H. & A.C.	(Walker, Halstead, Walkington)	11.33.27
2.	Kendal "A"	(Naylor, Nicholson, Roberts)	11.46.39
3.	Sale H.	(Weir, Jackson, Carrington)	12.21.47
4.	Kendal "B"	(Bland, Evans, Walford)	12.50.48
5.	Clayton-le-M. "A"	(Churchill, Heaton, Halonko)	13.02.49
6.	Rosendale A.C.	(Hartley, Ratcliffe, Waller)	14.24.22
7.	Keswick A.C.	(Trainor, Meek, Brewster)	14.29.21
8.	Invicta A.C.	(Harding, Castle, Pearson)	14.56.33
9.	Clayton-le-M. "B"	(North, Berisford, Shepherd)	15.40.37

### CRAG FELL RACE RESULTS

1.	A. McGee	Keswick A.C.	34min. 16 sec.
2.	P. Spencer-Ellis	Keswick A.C.	37min. 18sec.
3.	R.A. Burns	Unattached	42min. 25sec.
4.	M.G. Thompson	Warrington A.C.	48min. 40sec.

Only four ran! Encourage your younger club members to support this race in the future otherwise it might have to be suspended.

-----

### Comments

After a very wet night and low cloud in the early morning the weather for this years race turned out to be well nigh perfect - no doubt to the relief of many runners. Congratulations to Jos Naylor who recorded his seventh win in this race, just two minutes outside his record, to M. Short who improved on his last year's time by 71 mins. to finish second, and A. Churchill, fulfilling the promise of his last year's races with third place in a very fast time.

We placed more emphasis on the team race this year by offering higher value prizes and for the first three teams. This was not rewarded by a larger number of teams finishing, so those of you who came to run as individuals, try to persuade your club mates to make up a team next year. Blackburn Harriers won the team race for the first time, displacing the previously dominant Kendal A.C. into second place. Kendal led in the early part of the race, but the tight packing of Blackburn, with three home in the first seven, overcame the distinct advantage th. Jos Naylor's lead gave Kendal.

Thanks are due to many people for their efforts on the day - checkers and finish officials, radio control provided by Wasdale M.R. team, Millom M.R. and R.A.F. Leeming, St. John's Ambulance who dealt expeditiously with the few injuries that occurred, Mr Long for the use of the camp facilities, and the team of ladies who provided an excellent cold meal and copious quantities of tea. Our thanks also to those who generously donated to what I'm sure you will agree was a truly splendid prize list.

We look forward to seeing many of you at the Wasdale event in July (again the team emphasis - there is still time to persuade that extra club man to run). You have all the information you require and will not receive any further correspondence before the race.

Danny Hughes - Hon. Secretary  
Hallsteads, Gosforth, Cumbria. (Tel: Gosforth 366)