

CUMBERLAND FELL RUNNERS ASSOCIATION
SCAFELL PIKE FELL RACE RESULTS 2003

| Posn | Cat | Name | Club | Scafell Pike Summit time Posn./time | Finish |
|------|------|--------------------|---------------|---|---------|
| 1 | S | Nick Fish | Ambleside AC | 1/41 | 55:29 |
| 2 | V40 | Bob Riley | CFR | 2/43 | 1:01:57 |
| 3 | V45 | Peter Crompton | CFR | 4/45 | 1:03:08 |
| 4 | V55 | Dave Spedding | Keswick AC | 3/45 | 1:03:38 |
| 5 | V40 | Colin Valentine | Keswick AC | 10/47 | 1:04:16 |
| 6 | S | John Chambers | CFR | 5/46 | 1:04:20 |
| 7 | V45 | Ian Harland | CFR | 7/47 | 1:05:47 |
| 8 | S | David Atkinson | CFR | 9/47 | 1:06:06 |
| 9 | V45 | Irvine Block | CFR | 12/48 | 1:06:19 |
| 10 | V50 | John Hope | Achille Ratti | 6/47 | 1:06:56 |
| 11 | S | Michael Cunningham | Borrowdale | 8/47 | 1:07:07 |
| 12 | V40 | Simon Colbert | CFR | 14/49 | 1:07:27 |
| 13 | S | S. Jones | Wrexham AC | 15/50 | 1:08:10 |
| 14 | S | Andrew Bradley | CFR | 16/50 | 1:08:19 |
| 15 | LV40 | Nicola Davies | Borrowdale | 11/48 | 1:08:25 |
| 16 | V45 | Chris Speight | Ambleside AC | 18/50 | 1:08:42 |
| 17 | V45 | Steve Holliday | CFR | 20/51 | 1:10:52 |
| 18 | S | L. J. Abel | CFR | 19/51 | 1:11:51 |
| 19 | V55 | Mike Litt | CFR | 17/50 | 1:12:08 |
| 20 | V40 | Stephen Wilson | CFR | 27/54 | 1:12:35 |
| 21 | S | Paul King | CFR | 22/51 | 1:12:50 |
| 22 | V45 | Stephen Kemp | Keswick AC | 21/51 | 1:14:24 |
| 23 | V45 | David Hayton | CFR | 31/54 | 1:14:41 |
| 24 | S | I. Murgatroyd | Dumfries FR | 26/54 | 1:14:47 |
| 25 | LV40 | Jane Meeks | Keswick AC | 24/51 | 1:14:57 |
| 26 | S | Adrian Anderson | U/A | 13/49 | 1:15:11 |
| 27 | V55 | Jack King | CFR | 25/54 | 1:15:42 |
| 28 | V55 | Bob Davis | CFR | 28/54 | 1:15:56 |
| 29 | V45 | Mark Graham | CFR | 30/54 | 1:16:07 |
| 30 | V55 | William Helliwell | CFR | 32/55 | 1:16:39 |
| 31 | V40 | Peter Bolton | Red Rose | 33/55 | 1:16:53 |
| 32 | S | Chris Cripps | CFR | 29/54 | 1:17:27 |
| 33 | V40 | Alan McGeen | CFR | 23/51 | 1:18:01 |
| 34 | V60 | Peter Dowker | Kendal AC | 37/58 | 1:22:39 |
| 35 | S | Paul Johnston | CFR | 35/57 | 1:22:42 |

| | | | | | |
|----|------|-----------------|------------------|---------|---------|
| 36 | V60 | John Ely | CFR | 40/59 | 1:23:28 |
| 37 | S | Steve O'Keefe | CFR | 34/55 | 1:23:39 |
| 38 | V40 | Andrew Howarth | Clayton-le-Moors | 39/58 | 1:23:44 |
| 39 | S | Philip Chappell | Ilkley H | 36/57 | 1:23:46 |
| 40 | V45 | Dave Clarkson | U/A | 38/58 | 1:24:10 |
| 41 | V45 | Nick Moore | CFR | 43/59 | 1:24:37 |
| 42 | V55 | Martin Walsh | Lytham St. Annes | 45/1:01 | 1:27:50 |
| 43 | V50 | Terence Lowden | CFR | 42/59 | 1:28:30 |
| 44 | S | Andrew Frame | Bingley H | 49/1:04 | 1:28:47 |
| 45 | V60 | Barry Johnson | CFR | 44/1:00 | 1:29:34 |
| 46 | V50 | Bill James | CFR | 47/1:01 | 1:30:34 |
| 47 | V45 | Robin Smithurst | U/A | 50/1:04 | 1:32:01 |
| 48 | V70 | Harry Catlow | CFR | 51/1:05 | 1:32:45 |
| 49 | V50 | Ken Price | CFR | 46/1:01 | 1:35:12 |
| 50 | V70 | Jack Escritt | CFR | 52/1:05 | 1:36:39 |
| 51 | V55 | Paul Walsh | Lytham St. Annes | 48/1:01 | 1:37:44 |
| 52 | LV40 | Nicky Goffe | Black Combe FR | 53/1:09 | 1:39:40 |
| 53 | S | Ed Fletcher | U/A | 41/59 | 1:50:17 |
| 54 | V60 | Mike Briggs | U/A | 54/1:16 | 1:58:55 |

| | | |
|-----------------------------|---------|-----------|
| 1st Gents team (3 to count) | CFR | 11 points |
| 2nd | Keswick | 31 |

The Scafell 2003's course was restored to its original (shorter) route - much to the approval of the runners! The weather gave us its blessing (yet again - how can this go on?) and the cloud stayed clear from the summit (most of the time, anyway) and the wind was slight. The crags appeared sharp from my valley floor point and visibility was excellent. The gear requirement was full kit, however as the forecast was not that good.

This year the field numbered an excellent 54 as we were in competition with Thieveley. Thanks to CFR for making the race one of their championship selection and for attending in such numbers. All runners (including the two V70s) finished. Nick Fish from Ambleside was an early leader and turned at the summit 2 minutes clear from 2nd placed (and V40 category winner) CFR's Bob Riley, extending the lead to well over 6 minutes at the finish. V55 winner Dave Spedding from Keswick actually reached the summit in 3rd place but CFR's Peter Crompton (1st V45) got past during the descent to come in overall 3rd. Second V40 category was Keswick's Colin Valentine, a regular at Scafell, and 3rd was Simon Colbert from CFR. Runner-up V45 was CFR's Ian Harland, 3rd Irvine Block again from CFR (recently recovered from injury and running well - good on you Irvine! Thanks for organising the junior event at next year's Wasdale, too). The 1st V50 was John Hope from Achille Ratti, 2nd CFR's Terence Lowden and 3rd again from CFR Bill James. Runner-up V55 was CFR's irrepressible Mike Litt and 3rd Jack King, also CFR. The V60 category was won by Kendal's Pete Dowker, with 2nd & 3rd CFR counters John Ely & Barry Johnson. No V65 this year so straight to V70 and here again both runners were from CFR with Harry Catlow winning from Jack Escritt. The ladies' race was won with an excellent 15th place overall from the 1999 race record holder Borrowdale's Nicola Davies & 2nd Jane Meeks, Keswick AC with Black Coombe's Nicky Goffe 3rd counter but having to struggle to catch the field being a late starter 15 minutes adrift.

The winning gents team with 11 points were CFR (3 required to count) comprising Bob Riley, Peter Crompton and John Chambers & Keswick were 2nd with 31 points.

There were 3 ladies running but all from different clubs so no team prize could be awarded. So, I am appealing to you lasses, do please come along and have a go next year. Only 3 ladies out of 54 runners is far too few...

There was sadly no Jack and Jill prize this year. Same sex partners do count! There were no retirements.

Thanks go to all of my hard working helpers. On the summit Richard Green (from the Grains Gill route) and Rod Chilton from the Wasdale side. Helping with the registration, and running on his 55th birthday was Bob Davis (just pipped by Jack King for 3rd counter, too). On the radios was Ian Finlay. The start and finish team Jim and June Hall, June also helped with the prizes. To Pete Ferris for very kindly holding the fellside gate open, restraining the stock from escaping and helping with the flags. Thanks to the Wasdale Head campsite and the National Trust for their information and advice on the situation, which allowed the race to go ahead. Lets hope the race can now keep its original course.

I hope you all found the flapjacks to your taste! I thoroughly enjoyed organising the event and I hope you all enjoyed the run. See you again next year?

Don't forget also for 2004, the Ennerdale and Wasdale (incorporating junior races) Cumbrian Mountain West Coast long distance Classic Fell races!

Yours in sport

Richard J Eastman, Chairman CFRA