

CUMBERLAND FELL RUNNERS ASSOCIATION
SCAFELL PIKE FELL RACE RESULTS 2004

Posn	Cat	Name	Club	Scafell Pike Summit time Posn./time	Finish
1	S	Ian Holmes	Bingley AC	1/39	53:49
2	S	Nick Fish	Ambleside AC	3/39:45	54:05
3	S	Simon Stainer	Ambleside AC	2/39	55:07
4	S	Andrew Wrench	Todmorden H	5/42:41	1:00:25
5	S	Ricky Lightfoot	CFR	4/42:41	1:00:43
6	S	Adam Breaks	Calder Valley FR	6/42:50	1:01:07
7	S	Mike Robinson	Dark Peak FR	8/44:30	1:01:55
8	S	Brian Taylor	CFR	7/44:10	1:02:22
9	V40	Brian Thompson	CFR	9/44:30	1:05:08
10	V50	Jackie Winn	CFR	10/45:30	1:05:22
11	V40	Colin Urmston	Clayton-le-Moors	11/46:40	1:06:31
12	V50	Rob James	CFR	13/48:15	1:07:14
13	S	Wayne Jackson	CFR	12/48:15	1:07:29
14	V50	Irvine Block	CFR	14/48:20	1:07:43
15	V40	Colin Jones	Horwich RMI	15/49:10	1:09:08
16	V40	Colin Valentine	Keswick AC	17/49:40	1:10:01
17	V45	Ronnie Winn	CFR	19/50:15	1:10:17
18	S	Nick Riding	Pudsey & Bramley	18/49:50	1:10:50
19	V40	Stephen Wilson	CFR	25/54	1:13:38
20	LV40	Jane Meeks	Keswick AC	20/51	1:14:02
21	LV45	Lyn Thompson	Keswick AC	22/52:20	1:14:43
22	V50	Geoff Somers	Keswick AC	24/53:45	1:16:03
23	S	Ronnie Mossop	CFR	16/49:30	1:16:28
24	S	Ollie Fielden	U/A	21/52:15	1:17:20
25	V45	Andrew Firth	Clayton-leMoors	26/55:10	1:19:08
26	LS	Anna Forest	Ambleside AC	28/55:40	1:19:38
27	S	Simon Wakefield	U/A	23/53:05	1:19:43
28	S	Roger Lewis	Sheffield University	29/57:45	1:25:02
29	LV40	Nicky Goffe	Black Combe FR	27/55:15	1:26:29
30	V55	Brian Belfield	Staffordshire Moorlands	30/58:40	1:27:15
31	V55	Martin Walsh	Lytham St Annes	31/1:01:20	1:29:29
32	V55	Terence Lowden	CFR	34/1:03:35	1:33:32
33	V45	Frank Szablewski	FRA	33/1:02:30	1:35:16
34	V45	Paul Oldfield	FRA	32/1:01:50	1:35:57
35	V45	Richard Stokes	U/A	39/1:11:40	1:41:01
36	V55	Paul Walsh	Lytham St Annes	35/1:10:15	1:43:08
37	LS	Elizabeth Kooper	U/A	36/1:10:20	1:44:29
38	LS	Claire Hayday	U/A	37/1:10:30	1:47:26
39	S	Neil Riding	U/A	38/1:10:50	1:47:26
40	V65	Harry Blenkinsop	Keswick AC	40/1:11:45	1:54:27
41	LS	Caroline Page	FRA	41/1:15:10	2:17:50
42	V40	Julian Page	FRA	42/1:15:10	2:27:51

Teams (any 3 M/F to count)

1st team	CFR	22 points
2nd	Ambleside	31
3rd	Keswick	57

Jack & Jill

1st	Anna Forest & Mike Robinson	2:21:33
2nd	Elizabeth Kooper & Roger Lewis	3:09:31
3rd	Claire Hayday & Neil Riding	3:34:52

The Scafell 2004's course was very slightly longer this year as the farmer had re-built a collapsed stone wall & a diversion over a gate was needed. The gear requirement was full kit, again as the weather was dicey on the summit with poor visibility early on as I drove up the valley, but right on cue for the race the clouds lifted almost to the summit, but not quite!

This year we had 43 runners as once again we were in competition with Thieveley and this year the Two Breweries. Thanks to CFR for attending in such numbers.

The first 3 runners led by Bingley's Ian Holmes had only just over a minute between them but were 5 minutes clear from the rest of the field at the finish. Runner-up Simon Stainer climbed just ahead of last year's winner Nick Fish but was passed on the descent. Ian Holmes was 16 seconds up on Ambleside's Nick, in turn a minute ahead of Simon. This year the seniors dominated the first 10, the first veteran (40) home in 9th place was Brian Thompson from CFR, runner-up was Clayton's Colin Urmston with Colin Jones from Horwich 3rd counter. First V45 was CFR's Ronnie Winn with runner-up Clayton's Andrew Firth, 3rd was Frank Szablewski running for the FRA. The V50 category was won by Jackie Winn, CFR in a very creditable 10th position, 2nd CFR's Rob James & 3rd Irvine Block, again from CFR. The 1st V55 was Staffs & Moorland's Brian Belfield & close behind 2nd counter Martin Walsh from Lytham & 3rd CFR's Terence Lowden. The V65 category was won by Keswick's Harry Blenkinsop. Harry Catlow was injured this year and couldn't run but very kindly helped with the gates.

The ladies' race was won with an excellent 20th place by Keswick's Jane Meeks, just ahead of runner-up & team mate Lyn Thompson. 3rd was Ambleside's Anna Forest.

The winning team (any gents/ladies combination now) with 21 points were CFR comprising Ricky Lightfoot, Brian Taylor & Brian Thompson. Ambleside were 2nd with 31 points and Keswick 3rd with 57.

Unlike last year with none, 2004 saw 4! Jack and Jill competing couples. The 3rd couple ran in holding hands & the 4th couple also finished together. This must be a new perspective, family prizes next? By the way, same sex partners do count! But so far no-one to the committee's knowledge has come out at the Scafell. There was only one retirement.

Thanks go to all of my hard working helpers. On the summit (wind was so strong they could hardly stand... and at the start snapped our registration tent twice!) Richard Green (from the Grains Gill route) and Rod Chilton from the Wasdale side. Helping with the registration were Bob & Gill Davis. On the radio was Dave Polhill & myself as well, trying to get a link with the summit, very difficult this year. The start and finish team on the stopwatch were Ian & Genevieve Simpson. Thanks to the Wasdale Head campsite and the National Trust for allowing us to use the farmland fields and the race to keep its original course.

Sincere apologies for not getting the drinks out this year - I was too engrossed with the radio problem to notice but I hope you all found the flapjacks to your taste! Apologies too to Harry Blenkinsop as I didn't award his V65 category prize & I failed to even tot up the points for the team prize. They will all be in the post.

We always award prizes for the first 3 in every veteran category for each 5 year step beyond 40, no matter if there is only one counter & treating each category independently. This year I didn't double up the prizes for the veterans, although this only affected the ladies, the team prize only doubled for one runner and of course we awarded the J&J category too, making 30 prizes for 42 runners. Let me know if you have any thoughts on the fairness or otherwise of our system?

I did thoroughly enjoy organising the event and I hope you all enjoyed the run. See you again next year?

Don't forget also for 2005, the Ennerdale and Wasdale (likely to be a double championship event) two of the Cumbrian Mountain West Coast long distance Classic Fell races!

Yours in sport

Richard J Eastman, Chairman CFRA