

CUMBERLAND FELL RUNNERS ASSOCIATION
 WASDALE 'HORSESHOE' FELL RACE RESULTS 2003

Pos 'n	Name	Cat.	Club	Whin Rigg	Seat-allan	Pillar	Esk Hause	Scafell Pike	Lingmell Nose	Finish
1	Rob Jebb		Bingley	36	1:20	2:08	3:05	3:26	3:43	3 46 48
2	Joe Blackett		Middlesbrough	36	1:20	2:08	3:13	3:30	3:51	3 55 14
3	Andy Schofield		Borrowdale	36	1:20	2:08	3:14	3:38	3:53	3 56 59
4	John Hunt		CFR	36	1:30	2:10	3:22	3:49	4:07	4 11 44
5	Jon Deegan		Ambleside AC	36	1:30	2:12	3:24	3:50	4:10	4 14 44
6	Gary Thorpe		Ambleside AC	39	1:37	2:20	3:36	4:04	4:20	4 25 42
7	Jonathan Whitaker		U/A	40	1:38	2:24	3:38	4:05	4:22	4 27 07
8	Julian Rank	V40	Holmfirth H	39	1:39	2:24	3:39	4:07	4:26	4 30 09
9	Phil Clark	V50	Kendal AC	40	1:41	2:25	3:41	4:10	4:27	4 31 18
10	Mike Robinson		Dark Peak FR	40	1:39	2:24	3:42	4:10	4:29	4 35 00
11	Leigh Warburton	V45	Bowland FR	43	1:47	2:33	3:49	4:19	4:34	4 38 30
12	Chris Reade		Bowland FR	41	1:45	2:32	3:54	4:23	4:43	4 47 45
13	Dave Tait	V55	Dark Peak FR	41	1:45	2:32	3:54	4:24	4:43	4 48 30
14	Rob James	V50	CFR	42	1:48	2:37	4:03	4:35	4:51	4 56 21
15	Peter Crompton	V40	CFR	42	1:43	2:31	3:58	4:31	4:52	4 56 56
16	Carl Pryce	V40	Cosmics	42	1:47	2:35	3:59	4:30	4:54	4 58 26
17	Nick Wharton	V40	Kendal	44	1:52	2:41	4:05	4:36	4:58	5 03 35
18	Pez Bullen		Keswick AC	44	1:49	2:40	4:07	4:37	5:00	5 04 36
19	Brendan Bolland		Horwich RMI	39	1:44	2:35	4:19	4:49	5:07	5 12 19
20	Ian Harland	V45	CFR	42	1:53	2:48	4:18	4:50	5:08	5 12 49
21	Ian Hodgson		Middlesbrough	45	1:55	2:48	4:18	4:50	5:09	5 13 29
22	Simon Deakin		U/A	45	1:53	2:48	4:18	4:50	5:10	5 13 49
23	Ian Ellmore	V40	Scarborough	48	1:58	2:48	4:18	4:50	5:10	5 14 14
24	Martin Brady	V40	Clayton-le-Moors	45	1:56	2:48	4:18	-	5:11	5 15 49
25	Rich Hopkinson	V55	DPFR	46	1:56	2:48	4:19	4:53	5:11	5 16 37
26	Andrew Bradley		CFR	44	1:52	2:48	4:18	4:52	5:12	5 17 06
27	Ben Abdelnoor		St. Bede's	43	1:50	2:48	4:18	4:52	5:12	5 17 17
28	Jackie Lee	LS	U/A	45	1:57	2:44	4:26	4:59	5:16	5 19 51
29	Dave Allen	V40	DPFR	42	1:47	2:37	4:09	4:40	-	5 20 06
30	Lesley Atchison	LS	DPFR	51	2:02	2:56	4:25	4:56	5:16	5 20 08
31	Paul Mackrill	V45	FRA	45	1:55	2:48	4:25	4:55	5:16	5 21 34
32	David Hayton	V45	CFR	47	2:01	2:56	4:28	5:00	5:20	5 26 50
33	Nick Hewitt	V40	U/A	45	1:55	2:48	4:28	5:01	5:23	5 28 24
34	Alan McGeen		CFR	42	1:49	2:42	4:25	5:02	5:24	5 29 34
35	Peter Browning	V40	Clayton-le-Moors	47	1:59	2:55	4:31	5:04	5:25	5 31 08

36	Liz Cowell	LS	Keswick AC	49	2:03	2:56	4:33	5:07	5:30	5 34 04
37	Rigby Jerram	V40	Kendal AC	45	1:55	2:59	4:26	5:03	5:28	5 34 17
38	Jane Smith	LV40	Todmorden H	49	2:04	2:48	4:37	5:11	5:30	5 34 04
39	Paul Simpson	V40	Kendal AC	45	2:00	2:56	4:37	5:14	5:35	5 41 01
40	Dennis Lucas	V60	Rochdale H	46	2:00	2:56	4:37	5:14	5:36	5 41 33
41	Wendy Dodds	LV50	Clayton-le-Moors	48	2:02	2:56	4:48	5:22	5:46	5 51 07
42	Mark Willis	V40	Middlesbrough	51	2:05	3:03	4:48	5:23	5:47	5 53 01
43	John Goodwin		Middlesbrough	51	2:05	3:03	4:48	5:23	5:47	5 53 02
44	Mark Graham	V40	CFR	49	2:02	2:59	4:48	5:21	5:48	5 54 04
45	Phil Rigby	V40	U/A	48	2:04	3:03	4:49	5:25	5:51	5 56 22
46	Dave Aspden		CFR	47	2:01	2:56	4:49	5:26	5:51	5 57 19
47	Dick Byers		Trafford	43	1:55	2:56	4:49	5:25	5:55	6 02 35
48	Michael McLoughlin	V50	Preston H	47	2:02	2:59	4:48	5:30	5:59	6 04 56
49	Ashley Hardwell	V40	Ilkley H	48	2:02	3:08	5:00	5:35	5:59	6 05 18
50	John Ely		V60 CFR	50	2:07	3:15	4:58	5:35	6:00	6 06 38
51	Graham Breeze	V55	Skyrac	49	2:06	3:08	5:02	5:44	6:14	6 20 32
52	Mick Robinson	V45	Notts AC	49	2:07	3:17	5:08	5:49	6:19	6 27 10
53	Jack King	V55	CFR	53	2:14	3:17	5:16	5:55	6:23	6 29 48

1st gents team - 4 to count
CFR 53 points

Retirements:

Race no.	Name	Cat.	Club	Whin Rigg	Seat-allan	Pillar
2	George Scott	V50	Pennine FR	45	1:58	2:56
9	Steven Boulby	V40	Denby Dale Travellers	43	1:53	2:48
21	Nick Fish		Ambleside AC	40	1:42	2:26
26	Pater Watson	V55	Horwich RMI	54		
27	John Swift	V60	Chorley AC	54		
28	Neil Wrigley	V40	Horwich RMI	38	1:36	2:24
31	Ed Swift	V55	Horwich RMI	54	2:23	
48	David Robinson	V50	Ambleside AC	51	2:18	3:34
49	Paul Johnston		CFR	52		
50	Ali Bramall	LV40	Ambleside AC	53	2:18	3:28
62	R. Sanby	V40	White Peak	retired		
63	Simon Colbert	V40	CFR	42	1:49	2:45
64	Helen Russell	L	Todmorden H			
66	Sam Waddy		U/A	46	2:07	
68	Mark Hayman		DPFR	36	1:20	2:11

First please let me apologise for the late results. I was unable to organise the event due to family bereavement and my heartfelt thanks to all those who bailed me out - what great friends you all are! This year was the 31st Wasdale. It was a marvellous turnout of competitors, 68 of you turned up to run this classic fell race, 53 completed the course and will receive certificates. Thanks for coming, hope to see you again next year.

Results: The leading 3 runners stayed together as far as Pillar but Rob Jebb had opened up a considerable lead by Esk Hause & won by 8 1/2 minutes. Rob will collect one of the 3 gold certificates (under 4 hrs) - up on the 1 last year. Joe Blackett claimed second from Andy Schofield, (last year's winner) by 1 1/2 minutes. The winning V40 was Julian Rank from Holmfirth, 2nd CFR's Peter Crompton and 3rd Cosmic's Carl Pryce. The V45 category was led by Lee Warburton from Bowland, 2nd CFR's Ian Harland and 3rd Paul Mackrill for the FRA (great to see you running Paul). The V50 winner was Phil Clark from Kendal, 2nd CFR's Rob James and 3rd Mike McLoughlin from Preston. The V55 was won by Dave Tait from DPFR in 13th position (12th last year!), 2nd counter was Rich Hopkinson, also from DPFR and 3rd was Skyrac's Graham Breeze. Even the V60 category was contested, with Dennis Lucas from Rochdale winning from CFR's John Ely. The winning gents team (4 to count) was CFR : John Hunt, Rob James, Peter Crompton and Ian Harland totalling 53 points. (Thanks for making the Wasdale a championship race this year, lads, and for entering 11 runners, all finished.) The ladies winner was Jackie Lee, 2nd Lesley Atchison from DPFR and 3rd Liz Cowell from Keswick (2nd last year) Todmorden's Jane Smith claimed the LV40 prize and Wendy Dodds the LV50 category (again).

Thanks to the following checkpoint marshals, Neil Eccles on Whin Rigg, Dave Lievesey & Danny Hughes on Seatallan and Rod Chilton by himself (yet again! - sorry Rod) on Pillar. To Richard & Diane Green on Great Gable, David Powell-Thompson (also by himself) at Esk Hause, Ian Simpson and Genevieve plus dog on Scafell Pike and also Ian Finlay (alone) on Lingmell Nose. Thanks also to Jim & June Hall on Start and Finish, to Joss Naylor for the prize-giving, to Stan Denver and the St. Johns crew for the cover. Lastly to my committee members Bob Davis for help with registration, Peter O'Neil on the radio net. Chris Ellen who has managed the radios for so many years couldn't attend the race due to recovering from an illness and has since fallen whilst climbing in Cornwall and is very seriously ill. I should like to take this opportunity to acknowledge the unstinting help and professional standard he has brought to the radio cover, which is part of all of your safety whilst out on the course.

Lastly advertising - Scafell Pike is to be held on Saturday the 27th September, hope to see some of you there too?

All the best and no injuries!

Richard J Eastman
Chairman CFRA