

### 34th Wasdale Fell Race 8th July 2006 - Results, Retirements & Race Report

Posn.	No.	Club	Cat.	Finish	Whin	Seatallan	Pillar	Great	Esk	Scafell	Lingmell	
					Rigg			Gable	Hause	Pike	Nose	
					Cl tim 60	Cl tim 2.20	Cl tim 3.15	Cl tim 4.15				
1	141	Lloyd Taggart	DPFR	S	03:48:51	34	1:26	2:03	2:43	3:07	3:30	3:44
2	15	Mark Palmer	MDC	V40	03:52:05	35	1:26	2:03	2:43	3:08	3:32	3:46
3	87	Pete Vale	Mercia FR	S	03:53:55	34	1:26	2:03	2:43	3:08	3:34	3:49
4	117	Blackett, Joe	DPFR	V40	03:54:14	35	1:26	2:03	2:43	3:08	3:34	3:49
5	68	Andrew Schofield	Borrowdale FR	S	03:56:21	34	1:26	2:03	2:44	3:09	3:36	3:51
6	94	Adam Breaks	CVFR	S	04:06:49	36	1:32	2:11	2:55	3:20	3:47	4:02
7	96	Andrew Davies	Borrowdale FR	V40	04:13:16	34	1:26	2:07	2:52	3:22	3:49	4:07
8	90	Paul Cornforth	Borrowdale FR	V40	04:18:40	37	1:33	2:15	2:59	3:27	3:56	4:13
9	31	Bill Fairmaner	Cheshire HR	V40	04:18:50	39	1:34	2:14	2:57	3:25	3:56	4:13
10	142	Mike Johnson	Bowland FR	V45	04:18:59	37	1:33	2:16	3:01	3:34	3:58	4:13
11	140	Jackie Lee	Eryri H	LS	04:19:08	39	1:39	2:22	3:07	3:34	4:01	4:13
12	29	Mike Robinson	DPFR	S	04:19:13	36	1:33	2:15	3:01	3:32	4:00	4:15
13	148	J. Fleetwood	Ambleside AC	V40	04:21:02	38	1:35	2:15	3:02	3:31	4:00	4:16
14	12	David Ward	Borrowdale FR	S	04:21:59	37	1:34	2:17	2:56	3:32	4:00	4:16
15	116	Helen Diamantides	Carnethy HR	LV40	04:25:34	38	1:36	2:21	3:07	3:34	4:02	4:19
16	121	John Hey	Warrington	V40	04:25:58	41	1:40	2:22	3:09	3:38	4:05	4:20
17	39	Luke Arnott	Westerlands	S	04:26:44	38	1:33	2:18	3:04	3:34	4:04	4:21
18	151	Steve Hoyle	Rosendale	V40	04:28:07	37	1:33	2:15	2:59	3:32	4:02	4:22
19	59	Tim Edward	Clayton-le-Moors	V40	04:28:25	40	1:40	2:25	3:11	3:41	4:10	4:23
20	2	Julian Rank	Holmfirth H	V40	04:29:27	36	1:34	2:21	3:06	3:38	4:08	4:24
21	129	Michael Cunningham	Borrowdale FR	S	04:30:24	38	1:37	2:22	3:08	3:38	4:07	4:25
22	138	Ricky Lightfoot	Ellenborough	S	04:30:36	34	1:27	2:08	2:58	3:31	4:06	4:25
23	115	Jonathan Whitaker	U/A	V40	04:30:46	39	1:38	2:22	3:11	3:41	4:10	4:25
24	63	Geoff Briggs	Pennine FR	V45	04:30:58	38	1:36	2:21	3:08	3:39	4:10	4:25
25	108	Peter Crompton	CFR	V45	04:31:05	37	1:35	2:19	3:09	3:40	4:09	4:25
26	128	Jackie Winn	CFR	V55	04:33:12	40	1:35	2:19	3:07	3:36	4:07	4:25
27	86	Tom Owens	Mercia FR	S	04:33:29	36	1:33	2:16	3:03	3:35	4:10	4:28
28	48	Willy Bell	CFR	V50	04:34:17	38	1:35	2:19	3:10	3:41	4:10	4:28
29	98	Chris Reade	Bowland FR	V40	04:38:05	39	1:38	2:22	3:13	3:47	4:16	4:32
30	134	Chris Lumb	Kendal AC	V50	04:39:02	38	1:36	2:21	3:10	3:42	4:15	4:33
31	82	Ian Cowie	Mercia FR	V50	04:39:41	41	1:42	2:25	3:16	3:47	4:17	4:34
32	110	Steve Birkinshaw	NFR	S	04:41:16	38	1:39	2:25	3:15	3:45	4:16	4:34
33	89	Ian Weetman	U/A	V40	04:42:47	40	1:41	2:25	3:16	3:46	4:16	4:36

34	105 Matt Beresford	Kendal AC	S	04:43:36	41	1:43	2:28	3:06	3:48	4:18	4:38
35	26 Gareth Jones	U/A	S	04:46:18	41	1:42	2:28	3:18	3:51	4:21	4:41
36	85 Pete Wilkin	Thirsk	V45	04:46:50	38	1:36	2:19	3:12	3:46	4:19	4:41
37	143 Francis Blunt	NFR	S	04:47:27	39	1:26	2:21	3:09	3:47	4:18	4:41
38	73 Peter Pollitt	CFR	V40	04:48:00	40	1:40	2:22	3:11	3:47	4:18	4:40
39	20 Rick Ansell	Tring	V45	04:48:12	40	1:42	2:25	3:18	3:51	4:21	4:42
40	46 Irvine Block	CFR	V50	04:48:39	42	1:46	2:33	3:24	3:56	4:26	4:43
41	80 Jason Stevens	CVFR	S	04:51:02	40	1:39	2:25	3:17	3:52	4:25	4:44
42	93 Richard Greenwood	CVFR	V40	04:51:02	41	1:42	2:25	3:18	3:52	4:25	4:45
43	99 Dave Tait	DPFR	V55	04:52:06	41	1:42	2:25	3:18	3:53	4:27	4:46
44	103 Ian Williams	Chorley H	S	04:53:04	44	1:46	2:33	3:22	3:56	4:28	4:46
45	50 Leigh Warburton	Bowland FR	V45	04:53:49	42	1:46	2:33	3:23	3:58	4:30	4:49
46	130 Peter Ward	Helm Hill R	S	04:54:54	41	1:44	2:33	3:23	3:58	4:30	4:49
47	47 Rob James	CFR	V50	04:56:33	41	1:45	2:33	3:24	3:57	4:30	4:50
48	40 Dave Nuttall	Clayton-le-Moors FR	V40	04:58:28	39	1:39	2:25	3:22	3:55	4:30	4:51
49	132 Alastair Horsfield	U/A	S	05:00:52	36	1:35	2:22	3:15	3:48	4:23	4:54
50	125 Paul Johnson	U/A	S	05:01:01	42	1:48	2:38	3:31	4:05	4:35	4:55
51	126 Philip Pearson	Saltwell H	V45	05:02:10	41	1:46	2:33	3:25	4:02	4:35	4:55
52	28 Karen Davison	DPFR	LS	05:03:22	40	1:43	2:30	3:22	3:58	4:31	4:55
53	66 Martin Brady	Claton-le-Moors FR	V40	05:03:52	42	1:47	2:36	3:29	4:02	4:37	4:58
54	30 Vinny Booth	Cheshire HR	V40	05:04:38	39	1:50	2:22	3:21	4:02	4:37	4:58
55	9 Simon Deakin	North York MAC	S	05:05:12	43	1:48	2:37	3:32	4:07	4:40	5:00
56	64 S. Halliday	Clayton-le-Moors FR	S	05:05:14	45	1:51	2:40	3:35	4:09	4:42	5:00
57	10 Ian Hodgson	North Yorks MAC	V40	05:05:19	43	1:48	2:37	3:31	4:05	4:40	5:00
58	127 Colin Hutt	Carnethy FR	S	05:07:00	40	1:43	2:36	3:31	4:08	4:41	5:01
59	111 Russell Cannon	Helm Hill R	V40	05:07:33	43	1:47	2:37	3:29	4:04	4:40	5:01
60	114 Richard Suddaby	U/A	V40	05:07:37	37	1:35	2:43	3:16	4:03	4:40	5:01
61	4 Sam Williamson	Tring RC	V40	05:07:57	39	1:39	2:25	3:21	4:02	4:37	5:01
62	43 Andy Nicoll	Bingley H	S	05:08:03	44	1:47	2:36	3:29	4:06	4:40	5:01
63	38 Lewis Grundy	NFR	S	05:08:23	45	1:52	2:38	3:36	4:11	4:42	5:01
64	139 Craig Dring	Keswick AC	V40	05:10:44	45	1:49	2:42	3:35	4:12	4:44	5:03
65	122 Ian Ellmore	Scarborough	V45	05:11:22	43	1:47	2:33	3:26	4:02	4:37	5:03
66	147 Ozzy Kershaw	U/A	V45	05:11:33	44	1:51	2:42	3:36	4:11	4:44	5:03
67	124 Steve Lumb	DPFR	V45	05:11:37	40	1:45	2:35	3:30	4:08	4:43	5:03
68	79 Christopher Howie	Hoad Hill R	S	05:11:47	37	1:34	2:19	3:11	3:51	4:29	5:03
69	154 James Archbold	Borrowdale FR	V40	05:12:13	41	1:39	2:22	3:13	4:03	4:43	5:03
70	101 Jonathan Moore	Stainland	S	05:12:26	44	1:50	2:38	3:32	4:11	4:43	5:03
71	77 Elizabeth Batt	DPFR	LV40	05:12:43	42	1:47	2:36	3:32	4:09	4:43	5:06

72	21	Ryan Edwards	DPFR	S	05:15:17	41	1:44	2:33	3:33	4:11	4:48	5:09
73	92	Mike Berry	Black Combe FR	V50	05:15:41	46	1:52	2:44	3:37	4:13	4:47	5:09
74	36	David Atkinson	NFR	V40	05:16:37	41	1:44	2:35	3:31	4:09	4:47	5:09+
75	104	Dominic Raby	Chorley H	S	05:16:57	44	1:48	2:36	3:29	4:05	4:47	5:09+
76	118	John Rusius	Clayton-le-Moors FR	V50	05:17:07	45	1:51	2:40	3:36	4:13	4:49	5:09+
77	113	Paul Jackson	U/A	S	05:17:09	47	1:54	2:45	3:37	4:14	4:48	5:09+
78	88	Jane Meeks	Keswick AC	LV45	05:17:16	45	1:53	2:44	3:37	4:14	4:48	5:09+
79	6	Hugh Williamson	U/A	V40	05:20:28	41	1:47	2:38	3:34	4:14	4:50	5:09+
80	16	Adrian Orringe	Mynnyd	V50	05:20:53	43	1:47	2:38	3:36	4:14	4:49	5:15
81	83	Matthew Clewes	Mercia FR	V45	05:21:39	41	1:42	2:28	3:29	4:11	4:50	5:09+
82	102	Paul Biddulph	Stainland	S	05:22:57	44	1:51	2:41	3:36	4:14	4:52	5:15+
83	7	Andrew Hirst	FRA	V45	05:24:28	45	1:53	2:48	3:45	4:22	4:57	5:15+
84	35	David Johnstone	Mercia FR	V45	05:24:56	41	1:44	2:36	3:36	4:18	4:54	5:15+
85	45	Trevor Wilkinson	CFR	S	05:25:18	42	1:51	2:44	3:43	4:21	4:57	5:15+
86	74	Stewart Barrie	Carnethy FR	S	05:25:53	43	1:52	2:46	3:43	4:22	4:58	5:15+
87	144	Nick Harris	Rosendale H	V55	05:27:00	43	1:51	2:43	3:42	4:22	4:57	5:15+
88	136	Keith Varney	Cosmic HB	V50	05:29:59	45	1:51	2:44	3:37	4:18	4:52	5:15+
89	24	James Hyde	U/A	V40	05:30:04	40	1:44	2:38	3:35	4:16	4:51	5:15+
90	49	Gary Bailey	Keithley & Craven	S	05:30:40	42	1:47	2:42	3:41	4:27	5:04	5:15+
91	106	Jane Reedy	Ambleside AC	LS	05:31:09	45	1:53	2:46	3:36	4:26	5:04	5:15+
92	131	Tony Spicer	Rosendale H	V50	05:31:24	46	1:53	2:41	3:43	4:21	4:58	5:15+
93	27	Christine Preston	Keighley & Craven	LV40	05:31:41	46	1:56	2:50	3:49	4:28	5:04	5:15+
94	41	Eddie Winslow	Ilkley H	S	05:31:51	44	1:51	2:43	3:42	4:25	5:04	5:15+
95	56	Mike Howard	Radcliffe AC	V45	05:34:25	42	1:51	2:46	3:46	4:26	5:04	5:15+
96	133	Jonathan Lee	U/A	S	05:34:27	42	1:47	2:40	3:36	4:19	4:57	5:15+
97	78	Jon Batt	DPFR	V40	05:35:55	41	1:43	2:33	3:34	4:19	5:00	5:15+
98	91	Julie Carter	CFR	LV40	05:36:04	46	1:56	2:50	3:50	4:29	5:04	5:15+
99	149	Scott Gibson	U/A	S	05:39:33	42	1:49	2:43	3:46	4:26	5:06	5:15+
100	34	Peter Jagan	Bingley H	V55	05:39:52	46	1:55	2:47	3:48	4:28	5:07	5:15+
101	55	John Donnelly	Westerlands	V40	05:40:33	46	1:56	2:50	3:51	4:33	5:11	5:15+
102	52	Mike Shelton	U/A	V40	05:40:41	45	1:54	2:48	3:51	4:29	5:07	5:15+
103	112	Gary Beardwood	Helm Hill R	S	05:40:47	45	1:53	2:47	3:48	4:28	5:10	5:15+
104	75	Wendy Dodds	Clayton-le-Moors	LV55	05:41:36	46	1:57	2:52	3:51	4:33	5:11	5:15+
105	22	Jiri Fiala	U/A	S	05:41:53	45	1:52	2:48	3:49	4:33	5:09	5:15+
106	62	Chris Fellows	U/A	S	05:42:46	44	1:51	2:46	3:46	4:33	5:10	5:15+
107	97	Nick Hewitt	Bowland FR	V50	05:44:20	41	1:47	2:45	3:47	4:30	5:10	5:38
108	61	Len Metcalfe	North Yorks MAC	S	05:49:44	44	1:51	2:45	3:47	4:33	5:10	5:38+
109	5	Tom Westgate	DPFR	V45	05:54:28	34	1:59	2:58	4:01	4:41	5:21	5:38+

110	72 Ken Jaquierly	Ilkley H	V40	05:54:29	46	1:56	2:52	3:58	4:39	5:19	5:37+
111	107 Susan Clough	Ambleside AC	LV40	05:54:29	45	1:57	2:52	3:58	4:39	5:19	5:46
112	100 Dave Till	Helm Hill R	V45	05:54:49	46	1:57	2:40	3:55	4:37	5:18	5:46+
113	37 Jane Grundy	NFR	LV40	06:00:00	49	2:04	3:02	4:05	4:47	5:26	5:46+
114	145 Roy Gardner	Saddleworth FR	V40	06:00:11	46	1:57	2:52	3:54	4:36	5:16	5:46+
115	25 Tom Bowie	Carnethy HR	V55	06:00:13	46	1:55	2:48	3:54	4:34	5:15	5:46+
116	81 Mhairi Cameron	Hoad Hill R	LS	06:00:43	47	1:59	2:56	3:55	4:35	5:15	5:46+
117	57 Dan Appleby	Ratcliffe AC	S	06:00:47	44	1:53	2:46	3:49	4:35	5:15	5:46+
118	70 Kate Ayres	Cheshire HR	LV45	06:06:55	45	1:54	2:50	3:54	4:42	5:21	5:46+
119	3 Jim Fulton	DPFR	V50	06:17:07	47	2:02	3:02	4:05	4:51	5:31	5:46+
120	84 Jenny Grindley	CFR	LS	06:17:09	45	1:56	2:52	4:05	4:51	5:31	5:46+
121	14 Mark Graham	CFR	V45	06:17:10	47	2:02	3:02	4:05	4:51	5:31	5:46+
122	19 Tony Tombs	U/A	V50	06:17:12	44	1:54	2:52	3:46	4:48	5:30	5:46+
123	137 Elaine Stewart	Cosmic HB	LV45	06:18:40	49	2:03	3:04	4:06	4:49	5:31	5:46+
124	8 Richard Clarke	North Yorks MAC	V60	06:28:18	50	2:07	3:11	4:14	4:56	5:45	5:46+
125	51 Mick Robinson	Notts AC	V45	06:30:24	46	1:59	2:58	4:02	4:51	5:40	5:46+
126	1 Tony Smith	U/A	V45	06:45:56	45	1:58	3:00	4:16	5:10	5:53	5:46+
127	23 Andrew Gittins	Black Combe FR	V40	06:48:13	47	2:02	3:06	4:15	5:10	5:53	5:46+
128	152 Robert Fenton	U/A	S	06:53:25	46	2:05	3:09	4:15	5:10	6:00	5:46+

#### Retirements & Timed out

11	Huw Jones	U/A	S	Greendale	----	----	----	----	----	----	----
13	Owen Smith	U/A	V50	Grt Gable	46	1:56	2:58	4:21	----	----	----
17	John Nixon	Borrowdale FR	V55	Black Sail	45	1:55	2:50	----	----	----	----
18	David Finn	Mynnyd Du	S	Black Sail	45	1:26	2:44	----	----	----	----
32	Brian Belfield	Staffs Moorland	V55	Black Sail	45	2:02	3:09	----	----	----	----
33	Richard Townsend	Saltwell H	V45	Wind Gap	52	2:16	----	----	----	----	----
42	Philip Chappell	Ilkley H	V40	Seatallan	48	2:07	----	----	----	----	----
44	Jamie Robinson	Bingley H	S	Pillar	43	1:56	3:06	----	----	----	----
53	Kevin Spilman	Cheltenham	V40	Sty Head	42	1:48	2:42	3:40	----	----	----
54	Robin Smithurst	Black Combe FR	V45	Grt Gable	49	2:08	3:10	----	----	----	----
58	Gerry Dewhurst	Radcliffe H	S	Seatallan	48	2:05	----	----	----	----	----
60	D. Scott Maxwell	Black Combe FR	V40	Seatallan	50	2:16	----	----	----	----	----
65	Paul Thompson	Clayton-le-Moors FR	S	Black Sail	34	1:26	2:03	----	----	----	----
67	Mark Denham-Smith	Keswick AC	S	Pillar	38	1:39	2:25	----	----	----	----
69	Trevor Dibben	Horwich RMI	V45	Pillar	48	2:02	3:00	----	----	----	----
71	Nicola Jaquierly	Ilkley H	LV40	Pillar	45	1:55	----	----	----	----	----
76	Ali Bramall	Ambleside AC	LV45	Black Sail	45	2:20	2:31	----	----	----	----

95 Dominic O’Hooley	Otley	S	Scafell Pik	44	1:55	2:51	4:11	5:11	----	----
109 Jim Davies	Borrowdale FR	V40	Black Sail	33	1:26	2:07	----	----	----	----
119 Bill Buckley	Glossopdale H	V60	Greendale	45	----	----	----	----	----	----
120 Colin Valentine	Keswick AC	V45	Styhead	40	1:39	2:24	----	----	----	----
123 Anna Forrest	Ambleside AC	LS	Whin Rigg	----	----	----	----	----	----	----
135 Phil Rigby	Helm Hill R	V40	Greendale	45	----	----	----	----	----	----
146 Paul Wright	Helm Hill R	V40	Black Sail	43	1:50	2:45	----	----	----	----
150 Jon Underwood	CVFR	S	Black Sail	41	1:46	2:39	----	----	----	----
153 Fleecy Moss	St. Bees	S	Seatallan	44	2:19	----	----	----	----	----

### Team Results

#### Open Men (4 to count - all ages)

1 Borrowdale	34	5,7,8,14
2 DPFR	60	1,4,12,43
3 CFR	117	25,26,28,38
4 Mercia FR	142	3,27,31,81
5 Clayton-le-Moors	176	19,48,53,56

#### Open ladies - (3 to count - all ages)

### Race Report

The 34th Wasdale saw a fresh weather start but was forecast to - & did! - change to wet & windy in the afternoon, getting worse in the evening. The field of 154 starters was much larger than expected for a non-championship year. Probably due to Brian Martin’s excellent Classics trophy initiative. After a random kit search the runners set off about 4 minutes late.

The leading gents group of Jim Davies, Paul Thompson, Lloyd Taggart, Mark Palmer, Pete Vale, Joe Blackett, Andrew Davies, Andrew Schofield, Ricky Lightfoot & Francis Blunt ran pretty much together to Seatallan. By Pillar, Ricky & Jim had dropped behind, Paul & Jim came off at Black Sail, the leading 5 drew away from Ricky, Lloyd opening up a small lead by Esk Hause, steadily increasing it to 2 minutes over Mark (1<sup>st</sup> V40) by the Pike, Joe (2<sup>nd</sup> V40) & Pete about the same distance behind Mark with Andy Schofield leading Andrew Davies (3<sup>rd</sup> V40) by around 15 minutes. The descent to the finish made very little difference to the gents, Pete edging 20s in front of Joe but not far back Helen Diamantides who had led Jackie Lee to Seatallan & then running together until Jackie edged a slight lead at the Pike, lost over 5 minutes more on the descent, Jackie descending in 18min coming an amazing 11<sup>th</sup> overall out of 128 finishers & breaking Marie Todd’s 1997 record by 3 minutes, Helen (15<sup>th</sup> & also 1<sup>st</sup> LV40) coming just 3 minutes outside it.

Borrowdale again had the winning gents team with just 34 points. The 1st V45 was Mike Johnson from Bowland, runner up Pennine’s Geoff Briggs, 3rd counter Pete Crompton from CFR. First V50 was Willie Bell from CFR, 2<sup>nd</sup> Kendal’s Chris Lumb, 3<sup>rd</sup> Ian Cowie from Mercia. First V55 was CFR’s Jackie Winn, 2<sup>nd</sup> Dave Tait from Dark Peak, 3<sup>rd</sup> Rossendale’s Nick Harris. The V60 class was won by Richard Clarke from North Yorks Moors.

There was no ladies team of 3 from any one club to count this year. 3<sup>rd</sup> lady was Elizabeth Batt from Dark Peak (also 2<sup>nd</sup> LV40), 3<sup>rd</sup> LV40 was Christine Preston from Keighley. 1<sup>st</sup> LV45 was Keswick’s Jane Meeks, 2<sup>nd</sup> Kate Ayres from Cheshire. The LV55 was won by Wendy Dodds from Clayton.

I apologise once again for the somewhat piecemeal placing of these results & report on the website -

One point of significance, unfortunately one runner became partly exposed at height & had to be placed in a survival bag by a member of the Keswick MRT. After an hour or so he had recovered sufficiently to be walked down. He was not carrying leggings or a hat. To my knowledge, this is the first time we have had a near-casualty on the Wasdale. All runners should carry FULL body cover on these races. By implication, this includes hat & gloves, if not also a hooded cagoule. We carry out a random kit check at or before the start. We have never felt it necessary to check everybody through but we are considering this for next year. This might necessitate an earlier closure at registration if we have to search 150 runners, even if in 3 columns or so. You can appreciate the logistics? Also, do we have to check runners at the finish as well? Perhaps we should, to verify that equipment wasn't just put on show at the start then dropped off to a friend just afterwards. All runners sign entry forms to confirm they will abide by the race rules. These rules are for the safety of the runners. I will clarify these requirements through the FRA. I would appreciate constructive comment - this is your race as much as ours & we don't want to make registration onerous. We only organise this event for your running enjoyment in that it represents an awesome challenging run in these wonderful mountains. Our sister race the Ennerdale has a similar reputation for difficulty. The only thing that is more important than your enjoyment is your safety on the fell, after all.

Now for the eternal thanks to the following people who helped me out this year. All are volunteers, who give of their free time.

Checkpoint marshals, Ian Simpson plus another Ian Rae on Whin Rigg. Neil Eccles & Bernie MacDonald on Seatallan & Len Watson, Steve Brinsden on Pillar. To Steve Barnes & Jenny Bailie on Great Gable, David Powell-Thompson (by himself yet again this year – although not anticipated) at Esk Hause. Jim Davis, Lindsay Buck on Scafell Pike and the graveyard double shift of Roger Whitaker (who also did driving to Greendale & all other kinds of help on the day) & Ian Simpson (yes - again), with his wife Genevieve & 10 month daughter Aurelia CFRA's youngest checkpoint marshal! Rod Chilton at the last gasp on Lingmell Nose. Peter O'Neill did the radio cover for us again, Peter was one of the founding members of CFRA. Thanks also to Bob Davis on manual time keeping together with his wife Gillian who together with Peter was invaluable at registration. Organics2go catering in appalling weather did a fantastic job – on their wedding anniversary too! Joss Naylor flagged the valley crossing, helped at the Greendale drinks station & was great company for the prize giving. We're grateful to Stan Denver and the St. Johns ambulance crew for the cover - they were again also helping the 3 peaks teams. Wasdale Head Campsite for allowing us to use their facilities & thanks to Mark Hodgson of the Wasdale Head Hall Farm.

Lastly advertising - Scafell Pike is to be held on Saturday the 23<sup>rd</sup> September, hope to see some of you there too?

All the best and no injuries!

Richard J Eastman

Chairman CFRA