

## Wasdale Horseshoe 2013

Pos	No.	Surname	Forename	Cat	Club	Whin Rigg	Seatallan	Pillar	Great Gable	Esk Hause	Scafell Pike	Lingmell Nose	Finish
1	283	Abdelnoor	Ben	M	Ambleside AC	00:37:42	01:33:03	02:13:06	02:51:27	03:16:49	03:38:09	03:51:00	03:55:19
2	173	Booth	Simon	MV45	Borrowdale FR	00:37:26	01:33:07	02:13:48	02:52:20	03:18:03	03:41:06	03:55:36	03:59:56
3	117	Johnson	Oli	M	Dark Peak FR	00:34:30	01:29:20	02:10:43	02:53:08	03:22:49	03:46:56	04:03:31	04:08:30
4	218	Findlay-Robinson	Rhys	M	Dark Peak FR	00:36:05	01:31:43	02:13:03	02:55:51	03:25:52	03:50:08	04:06:23	04:11:06
5	7	Hunt	John	MV45	Dark Peak FR	00:37:17	01:34:37	02:17:13	03:00:17	03:29:08	03:53:03	04:09:27	04:14:04
6	189	Gibbs	Tom	MV40	Ambleside AC	00:36:38	01:32:18	02:14:39	02:57:37	03:27:16	03:52:27	04:09:35	04:14:37
7	118	Taggart	Lloyd	MV40	Dark Peak FR	00:34:43	01:31:38	02:13:00	02:55:59	03:30:05	03:55:02	04:12:09	04:17:23
8	178	Harding	Simon	M	Macclesfield H	00:37:22	01:33:45	02:20:17	03:07:53	03:36:42	03:59:40	04:14:04	04:18:15
9	110	Perry	Adam	M	Pennine FR	00:37:27	01:34:59	02:19:36	03:05:05	03:34:19	03:58:59	04:17:41	04:22:17
10	121	Mikkelson-Barron	Martin	M	Borrowdale FR	00:37:35	01:35:24	02:18:20	03:06:07	03:35:01	04:00:40	04:18:40	04:23:46
11	55	Cornforth	Paul	MV50	Borrowdale FR	00:37:43	01:41:27	02:22:47	03:07:50	03:37:20	04:03:35	04:20:43	04:24:41
12	12	Roberts	Mark	MV50	Borrowdale FR	00:37:51	01:37:48	02:19:56	03:07:49	03:37:10	04:04:02	04:20:47	04:25:46
13	224	Thorpe	Gary	MV45	Ambleside AC	00:38:01	01:37:47	02:22:10	03:07:48	03:38:39	04:04:41	04:21:45	04:26:18
14	9	Blackett	Joe	MV45	Dark Peak FR	00:39:37	01:38:12	02:21:57	03:07:58	03:39:14	04:06:22	04:22:42	04:27:00
15	195	Birkenshaw	Steve	MV45	Borrowdale FR	00:37:56	01:35:46	02:21:25	03:07:52	03:39:32	04:06:16	04:22:55	04:27:37
16	56	Milliken	Dave	MV45	Horwich RMI	00:37:47	01:35:50	02:20:30	03:08:00	03:39:38	04:06:27	04:23:32	04:29:08
17	220	Mellon	Richard	MV40	Bowland FR	00:38:04	01:38:39	02:23:36	03:10:14	03:43:02	04:09:11	04:25:29	04:30:08
18	237	Symington	Ian	M	Calder Valley FR	00:40:44	01:43:03	02:29:32	03:15:34	03:46:11	04:12:26	04:27:19	04:31:33
19	52	Crabtree	Paul	MV40	Wharfedale H	00:38:55	01:38:51	02:23:21	03:09:07	03:40:41	04:09:35	04:27:27	04:31:38
20	170	Deegan	Jonathan	MV45	Ambleside AC	00:37:38	01:34:45	02:20:44	03:07:49	03:42:10	04:09:09	04:27:30	04:31:52
21	273	Ollerenshaw	Mark	M	Glossopdale H	00:37:47	01:36:20	02:22:13	03:08:38	03:41:20	04:09:15	04:27:32	04:32:42
22	159	Oates	Todd	M	Ambleside AC	00:37:38	01:37:29	02:23:25	03:11:27	03:45:00	04:12:58	04:29:46	04:34:19
23	35	Pyke	Stephen	MV45	Dark Peak FR	00:39:53	01:40:34	02:24:53	03:11:53	03:44:37	04:12:05	04:29:35	04:34:35
24	146	Paris	Jasmin	L	Carnethy HR	00:39:03	01:40:27	02:25:53	03:12:38	03:45:04	04:12:23	04:30:21	04:35:28
25	160	Bell	Carl	M	Keswick AC	00:34:19	01:29:23	02:15:05	03:03:00	03:39:46	04:12:13	04:31:23	04:37:49
26	243	Vale	Pete	MV40	Mercia FR	00:36:34	01:38:45	02:26:36	03:11:47	03:44:32	04:12:37	04:32:02	04:38:06
27	123	Wilkinson	Barry	MV45	Borrowdale FR	00:40:25	01:42:47	02:29:29	03:17:19	03:50:38	04:16:52	04:33:31	04:38:14
28	284	Schofield	Andrew	MV45	Borrowdale FR	00:39:59	01:42:33	02:28:12	03:17:16	03:50:15	04:16:16	04:33:48	04:38:54
29	3	Ward	Dave	M	Pennine FR	00:38:23	01:40:05	02:26:50	03:15:04	03:50:02	04:17:34	04:37:58	04:43:25
30	200	Godsman	Shaun	MV40	Calder Valley FR	00:37:58	01:39:07	02:26:03	03:15:12	03:50:05	04:17:22	04:38:05	04:43:41
31	217	Sutor	Ken	MV40	Cheshire Hash HH	00:38:49	01:39:30	02:28:53	03:20:04	03:51:47	04:21:48	04:40:17	04:44:42
32	45	Fines	Helen	LV40	Calder Valley FR	00:40:45	01:44:47	02:33:13	03:21:57	03:54:57	04:23:39	04:39:40	04:44:52
33	169	Ware	Sam	M	Eden Runners	00:38:44	01:45:26	02:32:14	03:22:09	03:55:01	04:22:53	04:40:36	04:46:14
34	49	Green	Mick	MV45	Horwich RMI	00:40:02	01:42:37	02:29:48	03:20:21	03:54:26	04:23:33	04:41:23	04:46:52

Pos	No.	Surname	Forename	Cat	Club	Whin Rigg	Seatallan	Pillar	Great Gable	Esk Hause	Scafell Pike	Lingmell Nose	Finish
35	111	Boothman	Will	M	Dark Peak FR	00:37:49	01:42:00	02:32:17	03:26:32	04:02:08	04:30:13	04:48:50	04:53:27
36	34	Jepson	Judith	LV45	Dark Peak FR	00:40:21	01:44:35	02:33:34	03:24:38	03:59:18	04:27:52	04:48:05	04:53:42
37	252	Johnson	Mike	MV50	Bowland FR	00:38:08	01:41:26	02:32:07	03:25:33	04:00:58	04:31:19	04:48:56	04:55:07
38	26	Jebb	Andrew	M	Bingley Harriers	00:40:32	01:45:05	02:32:10	03:22:54	04:00:35	04:30:53	04:49:30	04:55:13
39	59	Thompson	Paul	MV40	Clayton-le-M H	00:41:09	01:45:31	02:32:40	03:22:37	03:59:38	04:33:24	04:53:20	04:58:52
40	259	Reedy	Jane	L	Ambleside AC	00:41:25	01:48:25	02:38:49	03:31:45	04:07:58	04:36:44	04:54:51	04:59:36
41	90	Stansfield	Craig	MV45	Todmorden H	00:42:00	01:48:06	02:38:33	03:31:16	04:07:42	04:36:37	04:55:00	04:59:47
42	222	Robinson	Hazel	LV40	Ambleside AC	00:45:26	01:54:29	02:45:10	03:36:05	04:09:27	04:37:42	04:55:16	05:00:08
43	25	Hubbard	Josh	M	Leicester Fell F	00:40:36	01:45:22	02:33:43	03:28:39	04:06:13	04:36:27	04:56:31	05:01:19
44	124	Blomfield	Oliver	MV40	Eden Runners	00:44:20	01:51:33	02:41:18	03:35:02	04:09:55	04:37:50	04:56:20	05:01:39
45	154	Carson	Connor	MV40	Mercia FR	00:40:09	01:42:02	02:32:19	03:26:20	04:03:50	04:38:09	04:58:09	05:02:47
46	16	Haworth	James	MV40	Galloway Harriers	00:37:11	01:43:07	02:32:56	03:29:27	04:07:53	04:38:25	04:58:05	05:03:37
47	155	Keough	Scott	MV40	Ellenborough AC	00:42:09	01:48:08	02:38:24	03:31:37	04:06:29	04:35:45	04:58:19	05:03:54
48	201	Ray	Nick	MV40	Ellenborough AC	00:41:22	01:49:35	02:41:15	03:34:11	04:10:22	04:41:03	04:58:44	05:03:56
49	29	Lomas	Bryan	MV40	Congleton	00:43:22	01:50:21	02:40:01	03:33:49	04:08:25	04:36:00	04:58:47	05:04:07
50	164	Prosser	Dave	MV50	Keswick AC	00:42:04	01:49:01	02:38:04	03:31:59	04:06:25	04:37:27	04:58:22	05:04:16
51	188	Gibbs	Astrid	L	Ambleside AC	00:45:28	01:55:32	02:45:30	03:36:14	04:10:26	04:38:51	04:58:51	05:04:17
52	23	Lang	Stephen	MV40	Cheshire Hill R	00:42:24	01:51:22	02:42:51	03:37:44	04:13:39	04:42:21	05:00:15	05:05:37
53	187	Turland	Steve	MV45	Ilkley Harriers	00:43:59	01:54:16	02:46:04	03:38:13	04:13:42	04:42:29	05:00:54	05:07:06
54	191	Dixon	Dwane	MV40	Todmorden H	00:39:40	01:49:12	02:41:44	03:36:50	04:14:46	04:42:37	05:01:27	05:08:30
55	161	Steinegger	Karl	M	Ambleside AC	00:41:49	01:47:14	02:40:11	03:36:10	04:12:27	04:43:08	05:03:38	05:09:05
56	102	Stuart	Rick	MV50	Helm Hill R	00:41:52	01:49:30	02:39:04	03:33:52	04:11:56	04:42:25	05:03:02	05:09:06
57	108	Clayton	Phil	MV45	Black Combe FR	00:44:40	01:53:36	02:45:24	03:38:39	04:17:21	04:47:54	05:04:43	05:09:14
58	206	Winskill	Phil	M	Keswick AC	00:41:56	01:54:21	02:44:56	03:41:13	04:19:26	04:47:11	05:04:49	05:09:21
59	61	Egner	Mike	MV55	Penistone FR	00:40:39	01:46:13	02:37:40	03:33:30	04:10:57	04:43:06	05:04:40	05:09:49
60	238	Raby	Dominic	MV40	Chorley AC	00:40:14	01:44:44	02:34:35	03:31:56	04:08:22	04:43:33	05:05:09	05:10:29
61	282	O'Duffy	Declan	MV55	Bowland FR	00:43:50	01:53:34	02:48:31	03:42:06	04:18:54	04:48:04	05:05:46	05:10:52
62	219	Grant	Ben	MV60	Harrogate Harriers	00:43:31	01:52:47	02:45:33	03:38:47	04:16:26	04:47:52	05:06:13	05:11:06
63	156	Carman	Paul	M	Wharfedale H	00:42:57	01:54:01	02:46:14	03:42:37	04:19:28	04:48:34	05:06:55	05:12:08
64	207	Newton	Lee	M	Keswick AC	00:42:07	01:49:42	02:41:47	03:35:41	04:14:58	04:44:36	05:06:35	05:13:14
65	109	Lee	Jackie	L	Eryri Harriers	00:43:25	01:49:28	02:38:59	03:34:07	04:15:37	04:47:10	05:07:11	05:13:39
66	271	Harris	Digby	MV45	Macclesfield H	00:45:15	01:53:27	02:45:06	03:37:54	04:17:15	04:47:38	05:08:56	05:14:09
67	70	Barber	Nicholas	M	Pennine FR	00:40:17	01:56:15	02:51:38	03:48:43	04:25:30	04:54:05	05:10:23	05:14:44
68	64	Motley	Dave	M	Clayton-le-M H	00:40:49	01:45:41	02:39:07	03:41:46	04:19:43	04:49:33	05:09:57	05:16:01
69	266	Umpleby	Scott	MV45	U/A	00:39:57	01:46:22	02:37:37	03:34:19	04:15:57	04:49:01	05:10:30	05:16:22
70	58	Holroyd	Martin	MV45	Borrowdale FR	00:45:25	01:57:39	02:51:04	03:44:16	04:22:06	04:53:19	05:10:46	05:16:50

Pos	No.	Surname	Forename	Cat	Club	Whin Rigg	Seatallan	Pillar	Great Gable	Esk Hause	Scafell Pike	Lingmell Nose	Finish
71	41	Brown	Jean	LV40	Clayton-le-M H	00:45:53	02:01:47	02:53:17	03:45:05	04:21:27	04:51:48	05:11:52	05:16:58
72	66	Hill	Rachel	LV40	Wharfedale H	00:46:21	01:58:45	02:52:19	03:46:25	04:22:35	04:53:23	05:12:38	05:18:10
73	234	Jones	Michael	M	Black Combe R	00:44:26	01:50:27	02:44:08	03:37:56	04:17:10	04:49:11	05:13:52	05:19:10
74	143	Page	Holly	L	Calder Valley FR	00:48:32	02:03:05	02:56:18	03:50:02	04:25:05	04:56:48	05:15:59	05:20:29
75	104	Dickenson	Andy	MV45	Dark Peak FR	00:31:36	01:11:04	01:26:01	01:46:56	02:46:42	02:57:39	03:31:21	05:20:34
76	226	Buckton	William	M	Ilkley Harriers	00:43:58	01:54:13	02:48:26	03:44:41	04:24:10	04:55:30	05:16:42	05:22:17
77	50	Charlesworth	Nicholas	MV45	Wharfedale H	00:38:47	01:38:55	02:28:49	03:29:16	04:22:21	04:54:35	05:16:34	05:22:39
78	208	Nicoll	John	MV40	Keswick AC	00:43:31	01:52:04	02:45:28	03:43:39	04:26:17	04:58:24	05:18:25	05:23:57
79	116	Sellors	Rob	MV45	Manx FR	00:41:14	01:48:35	02:42:23	03:43:49	04:24:42	04:58:04	05:19:48	05:25:01
80	247	Wood	Nigel	M	Coniston FRC	00:38:51	01:48:32	02:49:00	03:52:37	04:30:48	05:02:20	05:20:25	05:25:13
81	11	Roberts	Lou	LV40	Ambleside AC	00:46:46	01:58:48	02:52:17	03:48:30	04:28:01	04:59:19	05:20:06	05:25:46
82	46	McKenzie	Neil	MV40	Ambleside AC	00:47:10	01:59:18	02:52:40	03:49:41	04:28:14	05:00:41	05:20:42	05:26:27
83=	10	Horn	Brian	MV55	Borrowdale FR	00:45:20	01:56:44	02:49:20	03:44:51	04:22:08	04:53:03	05:13:47	05:28:39
83=	263	Hewitt	John	MV50	Glossopdale H	00:46:16	01:59:11	02:53:35	03:48:59	04:27:09	04:58:00	05:20:24	05:28:40
85	89	Banks	David	MV45	Kendal AC	00:44:51	01:56:37	02:49:36	03:46:44	04:27:17	05:00:37	05:22:46	05:28:43
86	144	Ashcroft	Neil	MV45	Ambleside AC	00:41:55	01:50:18	02:48:00	03:50:35	04:31:26	05:03:46	05:23:48	05:29:04
87	105	Saxton	Renee	L	Otley AC	00:46:19	01:59:09	02:53:39	03:51:48	04:31:03	05:02:56	05:24:19	05:30:09
88	182	Goldie	Mark	MV45	Calder Valley FR	00:45:14	01:55:22	02:47:51	03:49:43	04:30:05	05:03:01	05:24:16	05:30:17
89	246	Cameron	Mhairi	L	Ambleside AC	00:46:42	02:01:32	02:58:33	03:55:37	04:34:11	05:06:28	05:25:05	05:30:27
90	63	Fishwick	Darren	MV40	Chorley AC	00:43:53	01:56:10	02:51:43	03:52:07	04:31:23	05:03:50	05:24:59	05:30:53
91	199	Winn	Jackie	MV60	Ellenborough AC	00:42:07	01:52:09	02:48:02	03:48:25	04:30:38	05:04:09	05:24:40	05:32:03
92	242	Holmes	Keith	MV55	Dark Peak FR	00:43:26	02:01:13	03:07:09	03:52:45	04:31:40	05:05:40	05:27:15	05:32:16
93	30	Carr	Bryan	MV50	Congleton	00:44:29	01:55:11	02:48:36	03:49:14	04:30:41	05:03:56	05:26:05	05:32:23
94	126	Kendall	Richard	M	U/A	00:47:42	02:00:23	02:53:43	03:51:59	04:32:25	05:05:01	05:26:31	05:32:47
95	248	Kay	Ashley	MV50	Dark Peak FR	00:46:16	01:59:13	02:54:13	03:53:24	04:34:07	05:07:04	05:28:29	05:34:38
96	17	Wilkinson	Dicky	MV50	Dark Peak FR	00:46:20	01:57:54	02:51:57	03:52:49	04:32:57	05:08:13	05:30:41	05:36:40
97	57	Higgins	David	MV45	U/A	00:48:18	02:04:30	03:01:33	04:00:21	04:40:01	05:13:19	05:32:43	05:37:38
98	94	Kemp	Peter	M	Ellenborough AC	00:44:48	01:57:45	02:52:03	03:53:02	04:36:25	05:10:38	05:32:06	05:37:51
99	233	Pearce	Nick	MV60	Ilkley Harriers	00:44:37	01:55:54	02:50:03	03:51:46	04:33:39	05:08:40	05:31:48	05:38:17
100	21	Parker	Gary	MV40	U/A	00:46:03	01:58:19	02:53:00	03:51:51	04:32:16	05:07:00	05:31:38	05:39:07
101	193	Crowther	Ben	MV40	Todmorden H	00:46:14	01:57:57	02:54:28	03:55:47	04:38:43	05:13:44	05:36:53	05:43:31
102	230	Blackett	Andy	M	Durham FR	00:52:37	02:05:40	03:02:02	04:00:04	04:40:10	05:13:29	05:39:21	05:45:05
103	204	Johnson	Bill	MV45	Calder Valley FR	00:43:06	01:56:12	02:54:06	03:56:59	04:41:22	05:17:16	05:39:54	05:45:20
104	95	Johnson	Robert	MV55	Southport W	00:45:29	02:00:42	02:57:46	03:58:25	04:41:27	05:15:44	05:40:21	05:46:48
105	244	Burrow	Craig	MV40	Helm Hill R	00:42:09	01:50:25	02:46:44	03:51:43	04:40:14	05:15:54	05:40:31	05:47:26
106	216	Barnett	Simon	M	Tring RC	00:48:08	02:03:28	02:59:59	04:01:55	04:46:46	05:18:06	05:41:50	05:47:49

Pos	No.	Surname	Forename	Cat	Club	Whin Rigg	Seatallan	Pillar	Great Gable	Esk Hause	Scafell Pike	Lingmell Nose	Finish
107	196	Jackson	Tim	MV40	Settle Harriers	00:49:01	02:06:45	03:06:09	04:09:31	04:51:22	05:23:03	05:42:24	05:47:51
108	194	Weston	Alison	LV45	Ilkley Harriers	00:47:55	02:04:47	03:04:42	04:05:46	04:48:14	05:23:08	05:45:18	05:50:42
109	128	Spurden	Catherine	L	Keswick AC	00:49:00	02:06:29	03:04:34	04:06:50	04:49:24	05:22:54	05:45:01	05:50:48
110	80	Hyde	Michael	M	Stadium Runners	00:43:15	01:53:12	02:53:19	03:58:36	04:47:06	05:22:57	05:45:05	05:51:02
111	133	Price	Huw	MV50	Bowland FR	00:46:25	02:04:22	03:03:14	04:05:58	04:49:46	05:26:53	05:46:47	05:51:51
112	87	Soles	Dave	MV50	Pennine FR	00:46:44	02:08:21	03:06:05	04:08:02	04:49:29	05:23:49	05:46:29	05:52:03
113	192	Smith	Jann	LV40	Ilkley Harriers	00:45:24	01:59:05	02:55:26	03:58:01	04:44:23	05:19:11	05:46:13	05:52:29
114	260	Richards	Ali	L	Helm Hill R	00:47:17	02:03:30	03:00:36	04:04:15	04:47:04	05:22:52	05:47:02	05:53:16
115	113	Carter	Julie	LV45	Keswick AC	00:48:29	02:05:33	03:05:35	04:09:50	04:54:29	05:26:37	05:48:41	05:54:40
116	125	Thompson	Lyn	LV55	Keswick AC	00:47:30	02:04:40	03:03:13	04:07:18	04:51:12	05:27:10	05:49:16	05:55:43
117	130	Caddick	Jenny	LV40	Dark Peak FR	00:48:31	02:04:36	03:06:11	04:10:40	04:55:57	05:29:21	05:50:47	05:56:15
118	136	Staveley	Andy	MV50	Burnden RR	00:44:59	01:58:14	02:55:02	04:01:25	04:49:39	05:25:19	05:50:09	05:56:19
119	256	McFie	Andy	MV45	Todmorden H	00:45:33	02:00:59	02:55:16	03:57:15	04:42:54	05:25:05	05:50:13	05:56:24
120	92	Gibson	Roy	MV50	Dark Peak FR	00:46:29	02:00:20	02:56:43	03:58:53	04:49:36	05:23:59	05:49:27	05:56:29
121	38	Bramwell	Stefan	MV40	Pennine FR	00:43:55	01:55:27	02:51:46	03:57:17	04:50:28	05:23:00	05:49:57	05:57:00
122	54	Crook	Michael	MV65	Horwich RMI	00:48:03	02:04:23	03:01:11	04:06:01	04:49:49	05:25:15	05:50:42	05:57:12
123	255	Nolan	Mike	MV45	Dark Peak FR	00:43:20	01:56:59	02:50:06	03:54:13	04:49:11	05:25:10	05:51:11	05:57:26
124	280	Taylor	Robert	MV60	Pennine FR	00:48:22	02:06:09	03:03:26	04:06:14	04:51:16	05:33:01	05:55:43	06:00:47
125	152	Jones	Steph	L	Ambleside AC	00:50:59	02:10:14	03:09:44	04:12:54	04:58:09	05:32:37	05:54:44	06:00:54
126	79	Redfern	Beverley	LV55	Tynedale Harriers	00:50:42	02:09:36	03:11:48	04:16:19	04:58:35	05:31:59	05:55:29	06:01:48
127	106	Crawford	Robert	M	Coniston FR	00:44:55	01:59:02	02:55:00	03:58:49	04:47:39	05:32:12	05:55:37	06:01:49
128	129	Bowles	Peter	MV40	Todmorden H	00:50:35	02:09:50	03:10:40	04:16:31	04:59:27	05:32:04	05:56:21	06:01:51
129	18	Reed	Simon	MV50	Dark Peak FR	00:44:36	01:58:03	02:56:33	04:02:53	04:50:35	05:30:40	05:57:21	06:03:24
130	236	Conway	Terry	M	Ambleside AC	00:43:44	01:54:31	02:49:51	04:12:23	04:57:46	05:37:17	05:58:00	06:03:29
131	115	Briggs	Geoff	MV50	Pennine FR	00:47:28	02:07:05	03:07:12	04:12:41	04:54:05	05:30:10	05:57:43	06:04:40
132	75	Lord	Harvey	M	U/A	00:46:33	02:03:41	03:03:23	04:09:40	04:56:24	05:33:08	05:58:10	06:04:55
133	101	Myers	Gill	LV50	Wharfedale H	00:47:41	02:03:35	03:00:59	04:06:11	04:53:30	05:30:29	05:57:56	06:05:00
134	120	Luke	Ian	M	Poole Runners	00:45:37	02:05:36	03:05:46	04:12:52	04:58:44	05:33:20	05:57:37	06:05:31
135	145	Clark	Richard	MV40	Esk Valley	00:50:13	02:07:09	03:05:52	04:09:10	04:57:40	05:35:56	05:58:48	06:06:12
136	20	Malia	David	MV45	Mercia FR	00:48:53	02:06:52	03:07:01	04:13:06	04:59:31	05:37:11	06:00:10	06:06:16
137	27	Rimmer	Greg	MV50	Dark Peak FR	00:46:24	02:07:37	03:09:14	04:20:01	05:05:02	05:38:44	05:59:56	06:06:21
138	2	McGuire	Dave	MV45	Hyde Park	00:46:09	02:08:30	03:06:54	04:11:21	04:57:58	05:33:31	06:00:13	06:06:43
139	227	Smith	Neil	MV45	Ilkley Harriers	00:51:49	02:08:50	03:07:36	04:11:31	05:06:58	05:40:42	06:02:11	06:07:16
140	85	Pickles	Louisa	L	Wharfedale H	00:47:47	02:03:47	03:03:42	04:12:49	05:02:10	05:39:21	06:02:37	06:08:54
141	69	Pickering	Alan	MV45	Matlock AC	00:47:06	02:03:33	03:03:10	04:09:55	05:00:28	05:38:59	06:03:38	06:10:25
142	279	Sutcliffe	Rod	MV60	Calder Valley FR	00:50:28	02:08:47	03:09:17	04:13:01	05:00:00	05:40:08	06:04:48	06:11:12

Pos	No.	Surname	Forename	Cat	Club	Whin Rigg	Seatallan	Pillar	Great Gable	Esk Hause	Scafell Pike	Lingmell Nose	Finish
143	148	Rawlik	Konrad	M	Carnethy HR	00:37:22	01:43:55	02:45:21	03:52:02	04:53:46	05:31:23	06:03:52	06:11:30
144	22	McGaff	Tom	MV55	Cheshire Hill R	00:43:36	01:55:58	02:54:56	04:09:24	05:00:52	05:37:27	06:04:27	06:11:45
145	13	Pierce	James	M	Penistone FR	00:47:54	02:04:33	03:02:19	04:06:36	04:56:18	05:34:24	06:03:29	06:12:16
146	223	Cooper	Duncan	MV40	Ilkley Harriers	00:45:51	02:01:16	03:02:25	04:11:38	05:03:30	05:38:42	06:04:57	06:12:44
147	43	Bellarries	Richard	MV55	Clayton-le-M H	00:50:34	02:09:59	03:13:25	04:18:55	05:08:12	05:44:12	06:05:46	06:13:08
148	225	Robson	Ben	MV50	Dark Peak FR	00:51:43	02:14:01	03:17:01	04:21:35	05:09:07	05:42:25	06:07:09	06:14:19
149	112	Ward	Sally	LV50	U/A	00:51:43	02:14:05	03:17:05	04:21:42	05:09:10	05:42:27	06:07:19	06:14:22
150	163	Fletcher	John	MV45	CFR	00:49:04	02:09:21	03:11:44	04:21:08	05:08:41	05:45:16	06:08:06	06:14:55
151	251	Carr	Kieran	MV65	Clayton-le-M H	00:47:58	02:04:54	03:07:03	04:13:09	05:03:20	05:45:05	06:09:38	06:15:57
152	135	Leonard	Jane	LV55	Todmorden H	00:51:36	02:12:21	03:15:23	04:17:59	05:01:40	05:44:42	06:10:05	06:16:26
153	62	Warburton	Leigh	MV55	Bowland FR	00:45:41	02:01:51	02:58:14	04:01:41	05:03:27	05:44:36	06:10:35	06:17:17
154	210	Filipe	Hugo	M	U/A	00:45:36	02:04:17	03:08:01	04:12:09	05:03:08	05:45:21	06:11:32	06:17:37
155	211	Spain	Will	M	Dark Peak FR	00:49:30	02:08:25	03:12:39	04:20:30	05:12:22	05:49:17	06:12:19	06:18:09
156	71	Lund	David	M	Dark Peak FR	00:46:12	01:59:55	03:00:06	04:06:43	05:02:58	05:45:39	06:12:33	06:18:30
157	214	Harris	Mark	MV40	Helm Hill R	00:48:01	02:04:42	03:07:10	04:16:14	05:06:48	05:43:27	06:11:21	06:18:51
158	276	Reeves	Thomas	MV45	Elvet Striders	00:49:31	02:09:39	03:13:48	04:22:33	05:10:47	05:48:37	06:13:50	06:20:23
159	60	Charlesworth	Ian	MV50	Penistone FR	00:45:39	02:06:42	03:10:44	04:22:42	05:12:50	05:49:24	06:14:31	06:21:04
160	181	Powell	Jean	LV45	Wharfedale H	00:52:00	02:15:53	03:19:00	04:28:32	05:14:47	05:52:58	06:17:11	06:23:24
161	65	McAra	Graham	MV55	Cheshire Hill R	00:48:59	02:07:36	03:10:36	04:25:20	05:15:10	05:53:41	06:17:45	06:24:38
162	203	Smith	Bob	MV55	Barrow Runners	00:45:32	01:56:08	02:51:24	03:54:46	04:58:50	05:51:03	06:19:21	06:26:43
163	31	Blyth	Barry	MV65	Macclesfield H	00:45:01	02:03:23	03:03:50	04:13:47	05:07:42	05:46:30	06:17:24	06:27:40
164	78	Firth	Andrew	MV55	Clayton-le-M H	00:51:28	02:12:13	03:14:18	04:22:15	05:11:35	05:52:55	06:20:14	06:28:25
165	81	McLoughlin	Michael	MV60	Preston Harriers	00:50:25	02:14:42	03:19:45	04:30:21	05:22:16	06:00:22	06:24:22	06:30:26
166	77	Sykes	Dave	MV40	Dark Peak FR	00:44:26	02:03:50	03:09:36	04:23:33	05:18:44	05:57:10	06:23:54	06:31:13
167	24	Mead	Richard	MV40	U/A	00:48:43	02:10:18	03:15:51	04:23:56	05:21:13	05:57:31	06:25:03	06:32:08
168	147	Jackson	Paul	MV45	Horwich RMI	00:48:15	02:13:14	03:19:23	04:29:22	05:19:44	06:00:13	06:25:49	06:32:18
169	15	Pearson	Mark	MV40	U/A	00:52:36	02:14:12	03:17:24	04:30:11	05:20:34	05:59:37	06:24:50	06:33:30
170	245	Weetman	Steve	MV40	U/A	00:52:33	02:14:14	03:17:19	04:30:16	05:20:41	05:59:41	06:25:27	06:33:33
171	151	Wakefield	Angela	L	Keswick AC	00:52:08	02:14:16	03:15:19	04:19:49	05:16:36	05:55:59	06:26:58	06:35:00
172	272	Rigby	Jayne	L	Helm Hill R	00:53:09	02:16:02	03:21:43	04:34:44	05:25:00	06:03:44	06:29:49	06:35:26
173	6	O'Keeffe	Steven	MV40	CFR	00:47:03	02:08:18	03:15:05	04:23:39	05:16:05	05:56:54	06:27:35	06:36:18
174	278	Rennie	Jamie	MV40	FRA	00:51:03	02:13:26	03:17:32	04:30:27	05:21:57	05:58:51	06:27:57	06:36:28
175	131	Malarkey	Lesley	LV60	Keswick AC	00:51:32	02:15:22	03:20:47	04:29:03	05:22:02	06:00:03	06:29:44	06:37:25
176	179	Roe	Tim	M	Horwich RMI	00:48:10	02:12:09	03:19:26	04:29:27	05:19:51	06:00:40	06:29:12	06:37:33
177	97	Hanson	Philip	MV40	Clayton-le-M H	00:47:53	02:06:26	03:11:15	04:30:48	05:22:30	06:05:39	06:32:07	06:38:31
178	72	Wheldon	Jim	MV60	Pudsey Pacers	00:49:03	02:07:40	03:09:10	04:19:32	05:16:10	05:57:26	06:30:09	06:39:04

Pos	No.	Surname	Forename	Cat	Club	Whin Rigg	Seatallan	Pillar	Great Gable	Esk Hause	Scafell Pike	Lingmell Nose	Finish
179	36	Troup	Mike	MV55	Ambleside AC	00:48:41	02:09:53	03:15:49	04:30:24	05:21:10	06:03:36	06:32:43	06:39:09
180	100	Dodds	Wendy	LV60	Clayton-le-M H	00:49:49	02:14:40	03:19:31	04:31:28	05:24:57	06:03:55	06:33:43	06:41:00
181	8	Jackson	Edmond	MV45	FRA	00:41:48	01:53:51	02:53:26	04:09:17	05:03:44	06:03:16	06:33:56	06:41:01
182	257	Ormerod	Lawrence	MV50	Settle Harriers	00:52:32	02:22:02	03:25:58	04:34:51	05:27:26	06:05:57	06:34:13	06:41:20
183	28	Forster	Karon	LV50	Spectrum Striders	00:48:32	02:10:12	03:17:12	04:34:26	05:30:39	06:09:40	06:37:37	06:44:36
184	114	Rees	Ron	MV55	Pennine FR	00:51:26	02:13:03	03:18:46	04:30:31	05:25:52	06:08:11	06:37:43	06:45:04
185	138	Harris	Clare	LV50	Todmorden H	00:51:24	02:15:44	03:21:37	04:30:13	05:21:42	06:05:43	06:37:23	06:45:05
186	168	King	Jack	MV65	CFR	00:54:26	02:21:23	03:25:30	04:38:08	05:30:37	06:09:24	06:37:58	06:46:13
187	261	Pettengell	Geoff	MV55	Mow Cop R	00:53:46	02:24:20	03:30:38	04:40:32	05:40:46	06:20:18	06:42:58	06:48:38
188	228	Smith	Clare	LV45	Ilkley Harriers	00:50:20	02:13:11	03:20:57	04:30:51	05:29:42	06:10:40	06:44:07	06:53:49
189	174	Sherstone	Edwin	MV45	Southport W	00:48:20	02:09:17	03:17:51	04:33:04	05:28:43	06:14:39	06:49:14	06:58:49
190	274	White	Steve	MV45	Saffron Striders	00:50:26	02:13:58	03:25:27	04:43:03	05:40:16	06:19:20	06:55:10	07:03:41
191	137	Thomas	Keith	MV55	Burnden RR	00:50:24	02:13:21	03:21:22	04:39:53	05:51:01	06:48:42	07:36:42	07:45:30
192	99	Platt	Gary	MV50	Chorley Athletic	00:52:24	02:16:29	03:22:14	04:43:53	05:51:09	06:48:45	07:36:51	07:45:31

## Categories

### Gents Open

1	283	Abdelnoor Ben		M	Ambleside	03:55:19
2	173	Booth Simon		MV45	Borrowdale FR	04:00:56
3	117	Johnson Oli		M	Dark Peak FR	04:08:30
4	218	Findlay-Robinson	Rhys	M	Dark Peak FR	04:11:06
5	7	Hunt John		MV45	Dark Peak FR	04:14:04
6	189	Gibbs Tom		MV40	Ambleside AC	04:14:37
7	118	Taggart	Lloyd	MV40	Dark Peak FR	04:17:23
8	178	Harding Simon		M	Macclesfield H	04:18:15
9	110	Perry Adam		M	Pennine FR	04:22:17
10	121	Mikkelson-Barron	Martin	M	Borrowdale FR	04:23:46
11	55	Cornforth Paul		MV50	Borrowdale FR	04:24:41
12	12	Roberts Mark		MV50	Borrowdale FR	04:25:46
13	224	Thorpe Gary		MV45	Ambleside AC	04:26:18
14	9	Blackett Joe		MV45	Dark Peak FR	04:27:00
15	195	Birkenshaw Steve		MV45	Borrowdale FR	04:27:37
16	56	Milliken Dave		MV45	Horwich RMI	04:29:08

17	220	Mellon	Richard	MV40 Bowland FR	04:30:08
18	237	Symington	Ian	M Calder Valley FR	04:31:33
19	52	Crabtree	Paul	MV40 Wharfedale H	04:31:38
20	170	Deegan	Jonathan	MV45 Ambleside AC	04:31:52
21	273	Ollerenshaw	Mark	M Glossopdale H	04:32:42
22	159	Oates	Todd	M Ambleside AC	04:34:19
23	35	Pyke	Stephen	MV45 Dark Peak FR	04:34:35
24	160	Bell	Carl	M Keswick AC	04:37:49
25	243	Vale	Pete	MV40 Mercia FR	04:38:06
26	123	Wilkinson	Barry	MV45 Borrowdale FR	04:38:14
27	284	Schofield	Andrew	MV45 Borrowdale FR	04:39:54
28	3	Ward	Dave	M Pennine FR	04:43:25
29	200	Godsman	Shaun	MV40 Calder Valley FR	04:43:41
30	217	Sutor	Ken	MV40 Cheshire Hash HH	04:44:42
31	169	Ware	Sam	M Eden Runners	04:46:14
32	49	Green	Mick	MV45 Horwich RMI	04:46:52
33	111	Boothman	Will	M Dark Peak FR	04:53:27
34	252	Johnson	Mike	MV50 Bowland FR	04:55:07
35	26	Jebb	Andrew	M Bingley Harriers	04:55:13
36	59	Thompson	Paul	MV40 Clayton-le-M H	04:58:52
37	90	Stansfield	Craig	MV45 Todmorden H	04:59:47
38	25	Hubbard	Josh	M Leicester Fell F	05:01:19
39	124	Blomfield	Oliver	MV40 Eden Runners	05:01:39
40	154	Carson	Connor	MV40 Mercia FR	05:02:47
41	16	Haworth	James	MV40 Galloway Harriers	05:03:37
42	155	Keough	Scott	MV40 Ellenborough AC	05:03:54
43	201	Ray	Nick	MV40 Ellenborough AC	05:03:56
44	29	Lomas	Bryan	MV40 Congleton	05:04:07
45	164	Prosser	Dave	MV50 Keswick AC	05:04:16
46	23	Lang	Stephen	MV40 Cheshire Hill R	05:05:37
47	187	Turland	Steve	MV45 Ilkley Harriers	05:07:06
48	191	Dixon	Dwane	MV40 Todmorden H	05:08:30
49	161	Steinegger	Karl	M Ambleside AC	05:09:05
50	102	Stuart	Rick	MV50 Helm Hill R	05:09:06
51	108	Clayton	Phil	MV45 Black Combe FR	05:09:14
52	206	Winskill	Phil	M Keswick AC	05:09:21
53	61	Egner	Mike	MV55 Penistone FR	05:09:49
54	238	Raby	Dominic	MV40 Chorley AC	05:10:29

55	282	O'Duffy	Declan	MV55	Bowland FR	05:10:52
56	219	Grant	Ben	MV60	Harrogate Harriers	05:11:06
57	156	Carman	Paul	M	Wharfedale H	05:12:08
58	207	Newton	Lee	M	Keswick AC	05:13:14
59	109	Crawford	Robert	M	Coniston FR	05:13:39
60	271	Harris	Digby	MV45	Macclesfield H	05:14:09
61	70	Barber	Nicholas	M	Pennine FR	05:14:44
62	64	Motley	Dave	M	Clayton-le-M H	05:16:01
63	266	Umpleby	Scott	MV45	U/A	05:16:22
64	58	Holroyd	Martin	MV45	Borrowdale FR	05:16:50
65	234	Jones	Michael	M	Black Combe R	05:19:10
66	104	Dickenson	Andy	MV45	Dark Peak FR	05:20:34
67	226	Buckton	William	M	Ilkley Harriers	05:22:17
68	50	Charlesworth	Nicholas	MV45	Wharfedale H	05:22:39
69	208	Nicoll	John	MV40	Keswick AC	05:23:57
70	116	Sellors	Rob	MV45	Manx FR	05:25:01
71	247	Wood	Nigel	M	Coniston FRC	05:25:13
72	46	McKenzie	Neil	MV40	Ambleside AC	05:26:27
73=	10	Horn	Brian	MV55	Borrowdale FR	05:28:39
73=	263	Hewitt	John	MV50	Glossopdale H	05:28:40
75	89	Banks	David	MV45	Kendal AC	05:28:43
76	144	Ashcroft	Neil	MV45	Ambleside AC	05:29:04
77	182	Goldie	Mark	MV45	Calder Valley FR	05:30:17
78	63	Fishwick	Darren	MV40	Chorley AC	05:30:53
79	199	Winn	Jackie	MV60	Ellenborough AC	05:32:03
80	242	Holmes	Keith	MV55	Dark Peak FR	05:32:16
81	30	Carr	Bryan	MV50	Congleton	05:32:23
82	126	Kendall	Richard	M	U/A	05:32:47
83	248	Kay	Ashley	MV50	Dark Peak FR	05:34:38
84	17	Wilkinson	Dicky	MV50	Dark Peak FR	05:36:40
85	57	Higgins	David	MV45	U/A	05:37:38
86	94	Kemp	Peter	M	Ellenborough AC	05:37:51
87	233	Pearce	Nick	MV60	Ilkley Harriers	05:38:17
88	21	Parker	Gary	MV40	U/A	05:39:07
89	193	Crowther	Ben	MV40	Todmorden H	05:43:31
90	230	Blackett	Andy	M	Durham FR	05:45:05
91	204	Johnson	Bill	MV45	Calder Valley FR	05:45:20
92	95	Johnson	Robert	MV55	Southport W	05:46:48



93	244	Burrow	Craig	MV40 Helm Hill R	05:47:26
94	216	Barnett	Simon	M Tring RC	05:47:49
95	196	Jackson	Tim	MV40 Settle Harriers	05:47:51
96	80	Hyde Michael		M Stadium Runners	05:51:02
97	133	Price Huw		MV50 Bowland FR	05:51:51
98	87	Soles Dave		MV50 Pennine FR	05:52:03
99	136	Staveley	Andy	MV50 Burnden RR	05:56:19
100	256	McFie Andy		MV45 Todmorden H	05:56:24
101	92	Gibson	Roy	MV50 Dark Peak FR	05:56:29
102	38	Bramwell	Stefan	MV40 Pennine FR	05:57:00
103	54	Crook Michael		MV65 Horwich RMI	05:57:12
104	255	Nolan Mike		MV45 Dark Peak FR	05:57:26
105	280	Taylor Robert		MV60 Pennine FR	06:00:47
106	129	Bowles	Peter	MV40 Todmorden H	06:01:51
107	18	Reed Simon		MV50 Dark Peak FR	06:03:24
108	236	Conway	Terry	M Ambleside AC	06:03:29
109	115	Briggs Geoff		MV50 Pennine FR	06:04:40
110	75	Lord Harvey		M U/A	06:04:55
111	120	Luke Ian		M Poole Runners	06:05:31
112	145	Clark Richard		MV40 Esk Valley	06:06:12
113	20	Malia David		MV45 Mercia FR	06:06:16
114	27	Rimmer	Greg	MV50 Dark Peak FR	06:06:21
115	2	McGuire	Dave	MV45 Hyde Park	06:06:43
116	227	Smith Neil		MV45 Ilkley Harriers	06:07:16
117	69	Pickering	Alan	MV45 Matlock AC	06:10:25
118	279	Sutcliffe	Rod	MV60 Calder Valley FR	06:11:12
119	148	Rawlik	Konrad	M Carnethy HR	06:11:30
120	22	McGaff	Tom	MV55 Cheshire Hill R	06:11:45
121	13	Pierce James		M Penistone FR	06:12:16
122	223	Cooper	Duncan	MV40 Ilkley Harriers	06:12:44
123	43	Bellarries	Richard	MV55 Clayton-le-M H	06:13:08
124	225	Robson	Ben	MV50 Dark Peak FR	06:14:19
125	163	Fletcher	John	MV45 CFR	06:14:55
126	251	Carr Kieran		MV65 Clayton-le-M H	06:15:57
127	62	Warburton	Leigh	MV55 Bowland FR	06:17:17
128	210	Filipe Hugo		M U/A	06:17:37
129	211	Spain Will		M Dark Peak FR	06:18:09
130	71	Lund David		M Dark Peak FR	06:18:30

131	214	Harris Mark		MV40 Helm Hill R	06:18:51
132	276	Reeves Thomas		MV45 Elvet Striders	06:20:23
133	60	Charlesworth Ian		MV50 Penistone FR	06:21:04
134	65	McAra Graham		MV55 Cheshire Hill R	06:24:38
135	203	Smith Bob		MV55 Barrow Runners	06:26:43
136	31	Blyth Barry		MV65 Macclesfield H	06:27:40
137	78	Firth Andrew		MV55 Clayton-le-M H	06:28:25
138	81	McLoughlin Michael		MV60 Preston Harriers	06:30:26
139	77	Sykes Dave		MV40 Dark Peak FR	06:31:13
140	24	Mead Richard		MV40 U/A	06:32:08
141	147	Jackson Paul		MV45 Horwich RMI	06:32:18
142	15	Pearson Mark		MV40 U/A	06:33:30
143	245	Weetman Steve		MV40 U/A	06:33:33
144	6	O'Keeffe Steven		MV40 CFR	06:36:18
145	278	Rennie Jamie		MV40 FRA	06:36:28
146	179	Roe Tim		M Horwich RMI	06:37:33
147	97	Hanson Philip		MV40 Clayton-le-M H	06:38:31
148	72	Wheldon Jim		MV60 Pudsey Pacers	06:39:04
149	36	Troup Mike		MV55 Ambleside AC	06:39:09
150	8	Jackson Edmond		MV45 FRA	06:41:01
151	257	Ormerod Lawrence		MV50 Settle Harriers	06:41:20
152	114	Rees Ron		MV55 Pennine FR	06:45:04
153	168	King Jack		MV65 CFR	06:46:13
154	261	Pettengell Geoff		MV55 Mow Cop R	06:48:38
155	174	Sherstone Edwin		MV45 Southport W	06:58:49
156	274	White Steve		MV45 Saffron Striders	07:03:41
157	137	Thomas Keith		MV55 Burnden RR	07:45:30
158	99	Platt Gary		MV50 Chorley Athletic	07:45:31

#### Gents MV40

1	189	Gibbs Tom		MV40 Ambleside AC	04:14:37
2	118	Taggart Lloyd		MV40 Dark Peak FR	04:17:23
3	220	Mellon Richard		MV40 Bowland FR	04:30:08
4	52	Crabtree Paul		MV40 Wharfedale H	04:31:38
5	243	Vale Pete		MV40 Mercia FR	04:38:06
6	200	Godsman Shaun		MV40 Calder Valley FR	04:43:41
7	217	Sutor Ken		MV40 Cheshire Hash HH	04:44:42
8	59	Thompson Paul		MV40 Clayton-le-M H	04:58:52

9	124	Blomfield	Oliver	MV40 Eden Runners	05:01:39
10	154	Carson	Connor	MV40 Mercia FR	05:02:47
11	16	Haworth	James	MV40 Galloway Harriers	05:03:37
12	155	Keough	Scott	MV40 Ellenborough AC	05:03:54
13	201	Ray	Nick	MV40 Ellenborough AC	05:03:56
14	29	Lomas	Bryan	MV40 Congleton	05:04:07
15	23	Lang	Stephen	MV40 Cheshire Hill R	05:05:37
16	191	Dixon	Dwane	MV40 Todmorden H	05:08:30
17	238	Raby	Dominic	MV40 Chorley AC	05:10:29
18	208	Nicoll	John	MV40 Keswick AC	05:23:57
19	46	McKenzie	Neil	MV40 Ambleside AC	05:26:27
20	63	Fishwick	Darren	MV40 Chorley AC	05:30:53
21	21	Parker	Gary	MV40 U/A	05:39:07
22	193	Crowther	Ben	MV40 Todmorden H	05:43:31
23	244	Burrow	Craig	MV40 Helm Hill R	05:47:26
24	196	Jackson	Tim	MV40 Settle Harriers	05:47:51
25	38	Bramwell	Stefan	MV40 Pennine FR	05:57:00
26	129	Bowles	Peter	MV40 Todmorden H	06:01:51
27	145	Clark	Richard	MV40 Esk Valley	06:06:12
28	223	Cooper	Duncan	MV40 Ilkley Harriers	06:12:44
29	214	Harris	Mark	MV40 Helm Hill R	06:18:51
30	77	Sykes	Dave	MV40 Dark Peak FR	06:31:13
31	24	Mead	Richard	MV40 U/A	06:32:08
32	15	Pearson	Mark	MV40 U/A	06:33:30
33	245	Weetman	Steve	MV40 U/A	06:33:33
34=	6	O'Keeffe	Steven	MV40 CFR	06:36:18
34=	278	Rennie	Jamie	MV40 FRA	06:36:28
36	97	Hanson	Philip	MV40 Clayton-le-M H	06:38:31

#### Gents MV45

1	173	Booth	Simon	MV45 Borrowdale FR	04:00:56
2	7	Hunt	John	MV45 Dark Peak FR	04:14:04
3	224	Thorpe	Gary	MV45 Ambleside AC	04:26:18
4	9	Blackett	Joe	MV45 Dark Peak FR	04:27:00
5	195	Birkenshaw	Steve	MV45 Borrowdale FR	04:27:37
6	56	Milliken	Dave	MV45 Horwich RMI	04:29:08
7	170	Deegan	Jonathan	MV45 Ambleside AC	04:31:52
8	35	Pyke	Stephen	MV45 Dark Peak FR	04:34:35

9	123	Wilkinson	Barry	MV45 Borrowdale FR	04:38:14
10	284	Schofield	Andrew	MV45 Borrowdale FR	04:39:54
11	49	Green Mick		MV45 Horwich RMI	04:46:52
12	90	Stansfield	Craig	MV45 Todmorden H	04:59:47
13	187	Turland	Steve	MV45 Ilkley Harriers	05:07:06
14	108	Clayton	Phil	MV45 Black Combe FR	05:09:14
15	271	Harris Digby		MV45 Macclesfield H	05:14:09
16	266	Umpleby	Scott	MV45 U/A	05:16:22
17	58	Holroyd	Martin	MV45 Borrowdale FR	05:16:50
18	104	Dickenson	Andy	MV45 Dark Peak FR	05:20:34
19	50	Charlesworth	Nicholas	MV45 Wharfedale H	05:22:39
20	116	SellorsRob		MV45 Manx FR	05:25:01
21	89	Banks David		MV45 Kendal AC	05:28:43
22	144	Ashcroft	Neil	MV45 Ambleside AC	05:29:04
23	182	Goldie Mark		MV45 Calder Valley FR	05:30:17
24	57	Higgins	David	MV45 U/A	05:37:38
25	204	Johnson	Bill	MV45 Calder Valley FR	05:45:20
26	256	McFie Andy		MV45 Todmorden H	05:56:24
27	255	Nolan Mike		MV45 Dark Peak FR	05:57:26
28	20	Malia David		MV45 Mercia FR	06:06:16
29	2	McGuire	Dave	MV45 Hyde Park	06:06:43
30	227	Smith Neil		MV45 Ilkley Harriers	06:07:16
31	69	Pickering	Alan	MV45 Matlock AC	06:10:25
32	163	Fletcher	John	MV45 CFR	06:14:55
33	276	Reeves	Thomas	MV45 Elvet Striders	06:20:23
34	147	Jackson	Paul	MV45 Horwich RMI	06:32:18
35	8	Jackson	Edmond	MV45 FRA	06:41:01
36	174	Sherstone	Edwin	MV45 Southport W	06:58:49
37	274	White Steve		MV45 Saffron Striders	07:03:41

#### Gents MV50

1	55	Cornforth	Paul	MV50 Borrowdale FR	04:24:41
2	12	Roberts	Mark	MV50 Borrowdale FR	04:25:46
3	252	Johnson	Mike	MV50 Bowland FR	04:55:07
4	164	Prosser	Dave	MV50 Keswick AC	05:04:16
5	102	Stuart Rick		MV50 Helm Hill R	05:09:06
6	263	Hewitt John		MV50 Glossopdale H	05:28:40
7	30	Carr Bryan		MV50 Congleton	05:32:23

8	248	Kay Ashley		MV50 Dark Peak FR	05:34:38
9	17	Wilkinson Dicky		MV50 Dark Peak FR	05:36:40
10	133	Price Huw		MV50 Bowland FR	05:51:51
11	87	Soles Dave		MV50 Pennine FR	05:52:03
12	136	Staveley Andy		MV50 Burnden RR	05:56:19
13	92	Gibson Roy		MV50 Dark Peak FR	05:56:29
14	18	Reed Simon		MV50 Dark Peak FR	06:03:24
15	115	Briggs Geoff		MV50 Pennine FR	06:04:40
16	27	Rimmer Greg		MV50 Dark Peak FR	06:06:21
17	225	Robson Ben		MV50 Dark Peak FR	06:14:19
18	60	Charlesworth Ian		MV50 Penistone FR	06:21:04
19	257	Ormerod Lawrence		MV50 Settle Harriers	06:41:20
20	99	Platt Gary		MV50 Chorley Athletic	07:45:31

#### Gents MV55

1	61	Egner Mike		MV55 Penistone FR	05:09:49
2	282	O'Duffy Declan		MV55 Bowland FR	05:10:52
3	10	Horn Brian		MV55 Borrowdale FR	05:28:39
4	242	Holmes Keith		MV55 Dark Peak FR	05:32:16
5	95	Johnson Robert		MV55 Southport W	05:46:48
6	22	McGaff Tom		MV55 Cheshire Hill R	06:11:45
7	43	Bellaries Richard		MV55 Clayton-le-M H	06:13:08
8	62	Warburton Leigh		MV55 Bowland FR	06:17:17
9	65	McAra Graham		MV55 Cheshire Hill R	06:24:38
10	203	Smith Bob		MV55 Barrow Runners	06:26:43
11	78	Firth Andrew		MV55 Clayton-le-M H	06:28:25
12	36	Troup Mike		MV55 Ambleside AC	06:39:09
13	114	Rees Ron		MV55 Pennine FR	06:45:04
14	261	Pettengell Geoff		MV55 Mow Cop R	06:48:38
15	137	Thomas Keith		MV55 Burnden RR	07:45:30

#### Gents MV60

1	219	Grant Ben		MV60 Harrogate Harriers	05:11:06
2	199	Winn Jackie		MV60 Ellenborough AC	05:32:03
3	233	Pearce Nick		MV60 Ilkley Harriers	05:38:17
4	280	Taylor Robert		MV60 Pennine FR	06:00:47
5	279	Sutcliffe Rod		MV60 Calder Valley FR	06:11:12
6	81	McLoughlin Michael		MV60 Preston Harriers	06:30:26

7	72	Wheldon	Jim	MV60 Pudsey Pacers	06:39:04
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**Gents MV65**

1	54	Crook Michael		MV65 Horwich RMI	05:57:12
2	251	Carr Kieran		MV65 Clayton-le-M H	06:15:57
3	31	Blyth Barry		MV65 Macclesfield H	06:27:40
4	168	King Jack		MV65 CFR	06:46:13

**Gents Teams**

	Posn	Club	Counters	Total points
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Gents open (5)	1	Dark Peak FR (A)	(3,4,5,7,14)	33
	2	Borrowdale FR	(2,10,11,12,15)	50
	3	Ambleside AC	(1,6,13,20,22)	62
	4	Keswick AC	(25,50,58,64,78)	275
	5	Bowland FR	(17,37,61,111,153)	379
	6=	Dark Peak FR (B)	(23,75,92,95,96)	381
	6=	Calder Valley FR	(18,30,88,103,142)	381
	8	Pennine FR	(9,29,112,121,124)	395
	9	Dark Peak FR (C)	(120,123,129,137,148)	657
	10	Clayton-le-M H	(39,147,151,164,177)	678

Gents Vet40 (4)	1	Borrowdale FR (A)	(2,11,12,15)	40
	2	Dark Peak FR (A)	(5,7,14,23)	49
	3	Ambleside AC	(6,13,20,82)	121
	4	Borrowdale FR (B)	(27,28,70,83)	208
	5	Todmorden H	(41,54,101,119)	315
	6	Horwich RMI H	(16,34,122,168)	340
	7	Dark Peak FR (B)	(75,92,95,96)	358
	8	Calder Valley FR	(30,88,103,142)	363
	9	Ilkley H	(53,99,139,146)	437
	10	Clayton-le-M H	(39,147,151,164)	501

Gents Vet50 (3)	1	Borrowdale FR	(11,12,83)	106
	2	Bowland FR	(37,61,111)	209
	3	Dark Peak FR (A)	(92,95,96)	283
	4	Pennine FR	(112,124,131)	367
	5	Dark Peak FR (B)	(120,129,137)	386
	6	Clayton-le-M H	(147,151,164)	462

**Ladies Open**

1	146	Paris Jasmin	L	Carnethy HR	04:35:28
2	45	Fines Helen	LV40	Calder Valley FR	04:44:52
3	34	Jepson Judith	LV45	Dark Peak FR	04:53:42
4	259	Reedy Jane	L	Ambleside AC	04:59:36
5	222	Robinson Hazel	LV40	Ambleside AC	05:00:08
6	188	Gibbs Astrid	L	Ambleside AC	05:04:17
7	41	Brown Jean	LV40	Clayton-le-M H	05:16:58
8	66	Hill Rachel	LV40	Wharfedale H	05:18:10
9	143	Page Holly	L	Calder Valley FR	05:20:29
10	11	Roberts Lou	LV40	Ambleside AC	05:25:46
11	105	Saxton Renee	L	Otley AC	05:30:09
12	246	Cameron Mhairi	L	Ambleside AC	05:30:27
13	194	Weston Alison	LV45	Ilkley Harriers	05:50:42
14	128	Spurden Catherine	L	Keswick AC	05:50:48
15	192	Smith Jann	LV40	Ilkley Harriers	05:52:29
16	260	Richards Ali	L	Helm Hill R	05:53:16
17	113	Carter Julie	LV45	Keswick AC	05:54:40
18	125	Thompson Lyn	LV55	Keswick AC	05:55:43
19	130	Caddick Jenny	LV40	Dark Peak FR	05:56:15
20	152	Jones Steph	L	Ambleside AC	06:00:54
21	79	Redfern Beverley	LV55	Tynedale Harriers	06:01:48
22	106	Lee Jackie	L	Eryri Harriers	06:01:49
23	101	Myers Gill	LV50	Wharfedale H	06:05:00
24	85	Pickles Louisa	L	Wharfedale H	06:08:54
25	112	Ward Sally	LV50	U/A	06:14:22
26	135	Leonard Jane	LV55	Todmorden H	06:16:26
27	181	Powell Jean	V45	Wharfedale H	06:23:24
28	151	Wakefield Angela	L	Keswick AC	06:35:00
29	272	Rigby Jayne	L	Helm Hill R	06:35:26
30	131	Malarkey Lesley	LV60	Keswick AC	06:37:25
31	100	Dodds Wendy	LV60	Clayton-le-M H	06:41:00
32	28	Forster Karon	LV50	Spectrum Striders	06:44:36
33	138	Harris Clare	LV50	Todmorden H	06:45:05
34	228	Smith Clare	LV45	Ilkley Harriers	06:53:49

**Ladies LV40**

1	45	Fines	Helen	LV40	Calder Valley FR	04:44:52
2	222	Robinson	Hazel	LV40	Ambleside AC	05:00:08
3	41	Brown	Jean	LV40	Clayton-le-M H	05:16:58
4	66	Hill	Rachel	LV40	Wharfedale H	05:18:10
5	11	Roberts	Lou	LV40	Ambleside AC	05:25:46
6	192	Smith	Jann	LV40	Ilkley Harriers	05:52:29
7	130	Caddick	Jenny	LV40	Dark Peak FR	05:56:15

**Ladies LV45**

1	34	Jepson	Judith	LV45	Dark Peak FR	04:53:42
2	194	Weston	Alison	LV45	Ilkley Harriers	05:50:42
3	113	Carter	Julie	LV45	Keswick AC	05:54:40
4	181	Powell	Jean	LV45	Wharfedale H	06:23:24
5	228	Smith	Clare	LV45	Ilkley Harriers	06:53:49

**Ladies LV50**

1	101	Myers	Gill	LV50	Wharfedale H	06:05:00
2	112	Ward	Sally	LV50	U/A	06:14:22
3	28	Forster	Karon	LV50	Spectrum Striders	06:44:36
4	138	Harris	Clare	LV50	Todmorden H	06:45:05

**Ladies LV55**

1	125	Thompson	Lyn	LV55	Keswick AC	05:55:43
2	79	Redfern	Beverley	LV55	Tynedale Harriers	06:01:48
3	135	Leonard	Jane	LV55	Todmorden H	06:16:26

**Ladies LV60**

1	131	Malarkey	Lesley	LV60	Keswick AC	06:37:25
2	100	Dodds	Wendy	LV60	Clayton-le-M H	06:41:00



**Ladies Teams (overall finish positions)**

Ladies open (3)	1	Ambleside AC (A)	(40,42,51)	133
	2	Ambleside AC (B)	(81,89,125)	295
	3	Keswick AC	(109,115,116)	340
	4	Wharfedale H	(72,133,140)	345
	5	Ilkley H	(108,113,188)	409
Ladies Vet40 (3)	1	Wharfedale H	(72,133,160)	365
	2	Keswick AC	(115,116,175)	406
	3	Ilkley H	(108,113,188)	409

Wasdale Horseshoe 2013 – supplement ladies' teams based on ladies field only

Pos ladies	Pos overall	No.	Surname	Forename	Cat	Club	Finish
4	40	259	Reedy	Jane	L	Ambleside AC	04:59:36
5	42	222	Robinson	Hazel	LV40	Ambleside AC	05:00:08
6	51	188	Gibbs	Astrid	L	Ambleside AC	05:04:17
11	81	11	Roberts	Lou	LV40	Ambleside AC	05:25:46
13	89	246	Cameron	Mhairi	L	Ambleside AC	05:30:27
21	125	152	Jones	Steph	L	Ambleside AC	06:00:54
2	32	45	Fines	Helen	LV40	Calder Valley FR	04:44:52
10	74	143	Page	Holly	L	Calder Valley FR	05:20:29
1	24	146	Paris	Jasmin	L	Carnethy HR	04:35:28
8	71	41	Brown	Jean	LV40	Clayton-le-M H	05:16:58
31	180	100	Dodds	Wendy	LV60	Clayton-le-M H	06:41:00
3	36	34	Jepson	Judith	LV45	Dark Peak FR	04:53:42
20	117	130	Caddick	Jenny	LV40	Dark Peak FR	05:56:15
7	65	109	Lee	Jackie	L	Eryri Harriers	05:13:39
17	114	260	Richards	Ali	L	Helm Hill R	05:53:16
29	172	272	Rigby	Jayne	L	Helm Hill R	06:35:26
14	108	194	Weston	Alison	LV45	Ilkley Harriers	05:50:42
16	113	192	Smith	Jann	LV40	Ilkley Harriers	05:52:29
34	188	228	Smith	Clare	LV45	Ilkley Harriers	06:53:49
15	109	128	Spurden	Catherine	L	Keswick AC	05:50:48
18	115	113	Carter	Julie	LV45	Keswick AC	05:54:40
19	116	125	Thompson	Lyn	LV55	Keswick AC	05:55:43
28	171	151	Wakefield	Angela	L	Keswick AC	06:35:00
30	175	131	Malarkey	Lesley	LV60	Keswick AC	06:37:25
12	87	105	Saxton	Renee	L	Otley AC	05:30:09
32	183	28	Forster	Karon	LV50	Spectrum Striders	06:44:36
26	152	135	Leonard	Jane	LV55	Todmorden H	06:16:26
33	185	138	Harris	Clare	LV50	Todmorden H	06:45:05
22	126	79	Redfern	Beverley	LV55	Tynedale Harriers	06:01:48
25	149	112	Ward	Sally	LV50	U/A	06:14:22
9	72	66	Hill	Rachel	LV40	Wharfedale H	05:18:10
23	133	101	Myers	Gill	LV50	Wharfedale H	06:05:00
24	140	85	Pickles	Louisa	L	Wharfedale H	06:08:54
27	160	181	Powell	Jean	LV45	Wharfedale H	06:23:24

**Ladies Teams****Ladies Open**

Pos	Pos	No.	Surname	Forename	Cat	Club	Finish
ladies	overall						
1			Ambleside AC (A)	15	points	(ladies only)	133 (all field)
4	40	259	Reedy	Jane	L	Ambleside AC	04:59:36
5	42	222	Robinson	Hazel	LV40	Ambleside AC	05:00:08
6	51	188	Gibbs	Astrid	L	Ambleside AC	05:04:17
2			Ambleside AC (B)	42	points		295
10	81	11	Roberts	Lou	LV40	Ambleside AC	05:25:46
12	89	246	Cameron	Mhairi	L	Ambleside AC	05:30:27
20	125	152	Jones	Steph	L	Ambleside AC	06:00:54
3			Keswick AC	49	points		340
14	109	128	Spurden	Catherine	L	Keswick AC	05:50:48
17	115	113	Carter	Julie	LV45	Keswick AC	05:54:40
18	116	125	Thompson	Lyn	LV55	Keswick AC	05:55:43
4			Wharfedale H	55	points		345
8	72	66	Hill	Rachel	LV40	Wharfedale H	05:18:10
23	133	101	Myers	Gill	LV50	Wharfedale H	06:05:00
24	140	85	Pickles	Louisa	L	Wharfedale H	06:08:54
5			Ilkley Harriers	62	points		409
13	108	194	Weston	Alison	LV45	Ilkley Harriers	05:50:42
15	113	192	Smith	Jann	LV40	Ilkley Harriers	05:52:29
34	188	228	Smith	Clare	LV45	Ilkley Harriers	06:53:49

**Ladies LV40**

Pos	Pos	No.	Surname	Forename	Cat	Club	Finish
ladies	overall						
1			Wharfedale H	58	points (ladies field only)		365 (all field)
8	72	66	Hill	Rachel	LV40	Wharfedale H	05:18:10
23	133	101	Myers	Gill	LV50	Wharfedale H	06:05:00
27	160	181	Powell	Jean	LV45	Wharfedale H	06:23:24
2			Ilkley Harriers	62	points		409
13	108	194	Weston	Alison	LV45	Ilkley Harriers	05:50:42
15	113	192	Smith	Jann	LV40	Ilkley Harriers	05:52:29
34	188	228	Smith	Clare	LV45	Ilkley Harriers	06:53:49
3			Keswick AC	65	points		406
17	115	113	Carter	Julie	LV45	Keswick AC	05:54:40
18	116	125	Thompson	Lyn	LV55	Keswick AC	05:55:43
30	175	131	Malarkey	Lesley	LV60	Keswick AC	06:37:25