

## Wasdale Race Results 2016

Posn	Cat	Name	Club	Whin Rigg	Seatallan	Pillar	Great Gable	Esk Hause	Scafell Pike	Lingmell Nose	Finish
1	S	Neil Talbott	Ambleside AC	0:36	1:31	2:14		3:24	3:51		4:11:35
2	V45	Simon Booth	Borrowdale FR	0:36	1:32	2:18		3:32	4:01		4:22:22
3	S	George Foster	Ambleside AC	0:38	1:33	2:23		3:42	4:10		4:34:19
4	V45	Andrew Schofield	Borrowdale FR	0:38	1:33	2:23		3:41	4:10		4:34:29
5	S	Paul Tierney	Ambleside AC	0:36	1:32	2:23		3:41	4:13		4:36:20
6	S	Richard McGrath	Ellenborough AC	0:38	1:33	2:23		3:41	4:13		4:37:36
7	S	Ben Abdelnoor	Ambleside AC	0:36	1:32	2:23		3:41	4:13		4:38:30
8	S	Jim Mann	Durham FR	0:36	1:30	2:21		3:46	4:16		4:40:38
9	V40	Pete Vale	Mercia FR	0:36	1:30	2:16		3:38	4:13		4:43:18
10	S	James Harris	Team KOM	0:38	1:33	2:23		3:41	4:15		4:45:25
11	V45	Mike Robinson	Dark Peak FR	0:40	1:37	2:31		3:55	4:26		4:49:35
12	S	Laurence Piercy	Dark Peak FR	0:48	1:37	2:29		3:55	4:26		4:49:38
13	LS	Jasmin Paris	Carnethy HR	0:38	1:37	2:31		3:46	4:26		4:50:40
14	S	Charlie Lowther	Eden Runners	0:38	1:36	2:31		3:55	4:26		4:51:35
15	V50	John Hunt	Dark Peak FR	0:48	1:37	2:29		3:55	4:27		4:57:34
16	V40	Dave Ward	Pennine FR	0:38	1:37	2:31		3:46	4:25		5:00:20
17	U23	Ted Ferguson	Borrowdale FR	0:38	1:33	2:31		3:55	4:34		5:00:20
18	V40	Matthew Hulley	Pennine FR	0:40	1:37	2:31		3:56	4:34		5:01:10
19	S	Chris Waters	Ambleside AC	0:36	1:33	2:23		3:46	4:25		5:02:47
20	S	Harvey Lord	Black Combe FR	0:36	1:33	2:24		3:46	4:25		5:05:08
21	S	Konrad Rawlik	Carnethy HR	0:38	1:36	2:36		4:08	4:39		5:08:22
22	S	Mark Irving	Bowland FR	0:38	1:36	2:24		3:56	4:32		5:09:00
23	S	Chris Arthur	Bowland FR	0:36	1:33	2:23		3:55			5:09:01
24	S	Ian Symington	Calder Valley FR	0:40	1:43	2:34		4:08	4:42		5:09:30
25	S	Peter Davies	Dark Peak FR	0:41	1:43	2:37		4:08	4:39		5:09:31
26	LV45	Nicky Spinks	Dark Peak FR	0:42	1:46	2:43		4:11	4:46		5:10:44
27	V40	Oliver Blomfield	Eden Runners	0:41	1:45	2:39		4:14	4:47		5:12:37
28	S	Tim Champion-Smith	U/A	0:39	1:37	2:29		4:11	4:47		5:14:08
29	V40	Peter Kemp	Ellenborough AC	0:40	1:44	2:38		4:11	4:48		5:15:15
30	V50	Jules Coleman	Lonsdale FR	0:45	1:51	2:53		4:31	5:03		5:33:31
31	S	Will Boothman	Dark Peak FR	0:36	1:33	2:28		4:27	5:03		5:34:09
32	V50	Tony Holland	Coniston	0:42	1:48	2:49		4:25	5:01		5:35:04
33	LS	Nina Walkingshaw	Howgill Harriers	0:42	1:49	2:49		4:30	5:06		5:36:50
34	V55	Leigh Warburton	Bowland FR	0:44	1:33	2:49		4:28	5:06		5:36:56
35	V40	David Sykes	Dark Peak FR	0:42	1:49	2:49		4:33	5:09		5:38:50
36	V45	Dave Garner	Todmorden Harriers	0:46	1:52	2:51		4:36	5:10		5:39:38
37	S	John Allen	Todmorden Harriers	0:46	1:52	2:51		4:35	5:10		5:39:45
38	V40	Andrew Britton	Idle AC	0:42	1:47	2:43		4:32	5:10		5:40:20
39	S	Johnathan Cooper-Knock	Totley AC	0:39	1:46	2:47		4:39	5:10		5:41:00
40	S	Jim Turner	Bowland FR	0:45	1:52	2:53		4:33	5:10		5:41:30

Posn	Cat	Name	Club	Whin Rigg	Seatallan	Pillar	Great Gable	Esk Hause	Scafell Pike	Lingmell Nose	Finish
41	S	Paul Jackson	Dark Peak FR	0:42	1:50	2:49		4:36	5:12		5:47:00
42	V40	Jez Brown	Buckley Runners	0:39	1:56	2:55		4:38	5:10		5:47:30
43	V45	Steve Adams	Dark Peak FR	0:45	1:51	2:49		4:32	5:10		5:48:06
44	V45	Jonathan Melia	Rossendale Harriers	0:40	1:44	2:43		4:32	5:11		5:49:09
45	S	Alex McVey	Carnethy HR	0:42	1:49	2:47		4:17	5:19		5:50:00
46	S	Phil Smith	U/A	0:53	1:58	2:56		4:41	5:19		5:51:00
47	LS	Liz Barker	Ellenborough AC	0:46	2:00	3:02		4:42	5:21		5:51:01
48	V55	Roger Laycock	Settle Harriers	0:44	1:50	3:01		4:43	5:21		5:51:30
49	S	Jeff Powell Davies	Eden Runners	0:47	1:58	2:53		4:40	5:18		5:52:00
50	V50	Paul Helm	Wellington Ridge R	0:45	1:57	2:56		4:44	5:22		5:53:00
51	V50	Bill Johnson	Calder Valley FR	0:46	1:53	2:51		4:39	5:13		5:53:30
52	V40	Virgil Barton	Barlick R	0:42	1:49	2:49		4:39	5:13		5:53:45
53	S	Jim O'Hara	Helsby RC	0:39	1:37	2:29		4:14	4:48		5:53:46
54	V45	Tim Jackson	Settle Harriers	0:42	1:48	2:49		4:46	5:21		5:55:00
55	S	Adrian Harvey	Howgill Harriers	0:39	1:37	2:31		3:56	4:32		6:00:00
56	V55	Martin Terry	Clayton-le-Moors	0:53	1:58	2:54		4:51	5:29		6:03:00
57	V50	Bill Williamson	CFR	0:44	1:51	2:53		4:45	5:29		6:04:50
58	LV45	Jean Brown	Clayton-le-Moors H	0:48	2:01	3:07		4:52	5:27		6:05:01
59	S	Lee Shimwell	Calder Valley FR	0:47	1:59	3:02		4:56	5:37		6:06:00
60	S	Mark O'Connor	Calder Valley FR	0:40	1:44	2:46		4:56	5:37		6:06:30
61	S	Richard Kendall	U/A	0:48	2:03	3:06		4:58	5:37		6:07:00
62	V40	Yewen Bennison	Chorley A & Tri Club	0:46	1:57	2:53		4:49	5:29		6:07:30
63	LS	Katie McKay	U/A	0:48	2:02	3:03		4:53	5:36		6:08:00
64	S	Mark Fussell	U/A	0:45	1:56	2:56		4:49	5:36		6:08:30
65	V50	Brian Melia	Ilkley Harriers AC	0:40	1:57	2:56		4:49	5:29		6:08:40
66	V45	Simon Roberts	Buckley Runners	0:48	1:57	2:55		4:45	5:26		6:08:50
67	LS	Lucy Spain	Helm Hill R	0:42	1:52	2:56		4:48	5:28		6:09:00
68	V50	Stephen Paul Coope	Bowland FR	0:49	2:05	3:07		5:00	5:38		6:10:00
69	V50	Neil Birchall	Manx FR	0:46	2:01	3:02		5:00	5:36		6:11:00
70	S	Logan Mills	U/A	0:51	2:09	3:12		5:00	5:36		6:17:00
71	U23	Noah Hurton	Eden Runners	0:48	1:57	2:56		4:47	5:28		6:19:29
72	V45	Derek Hurton	Eden Runners	0:42	1:57	2:56		4:47	5:27		6:19:30
73	S	Andrew Holmes	Pennine FR	0:42	1:52	2:49		4:57	5:38		6:19:33
74	V55	David Ralphs	Newburgh Nomads	0:47	1:59	3:09		5:05	5:49		6:19:35
75	V50	Mark Ellithorn	Chorley A & Tri Club	0:46	1:58	2:56		4:53	5:37		6:19:38
76	LS	Hayley Evans	Buckley Runners	0:46	1:56	2:56		4:54	5:38		6:19:40
77	V45	Neil Hodgkinson	Todmorden Harriers	0:50	2:07	3:09		5:05	5:46		6:19:40
78	V50	Steve Rhodes	U/A	0:49	2:07	3:17		5:13	5:51		6:24:48
79	LS	Steph Jones	Ambleside AC	0:42	1:48	3:02		5:05	5:42		6:27:40
80	S	Jake Ackroyd	Calder Valley FR	0:47	2:00	3:07		5:03	5:44		6:27:41
81	V45	Andrew McFarlane	Clayton-le-Moors H	0:42	1:51	2:50		5:04	5:42		6:27:42
82	V50	Simon Thomas Archer	U/A	0:46	2:00	3:12		5:12	5:54		6:27:43

Posn	Cat	Name	Club	Whin Rigg	Seatallan	Pillar	Great Gable	Esk Hause	Scafell Pike	Lingmell Nose	Finish
83	V55	Geoff Davis	Northumberland FR	0:53	2:01	3:09		5:12	5:54		6:27:44
84	V40	Chris Usher	Newburgh Nomads	0:39	2:04	3:09		5:07	5:52		6:28:50
85	S	Robert Whitmarsh	Serpentine RC	0:50	2:03	3:08		5:07	5:50		6:29:50
86	V40	Dave Cumins	Team KOM	0:48	2:04	3:09		5:08	5:53		6:30:40
87	V40	Martin Gardiner	Team KOM	0:48	2:07	3:09		5:09	5:54		6:30:40
88	LV45	Alison Wainwright	Dark Peak FR	0:50	2:08	3:18		5:17	5:57		6:35:38
89	V50	Ben Robson	Dark Peak FR	0:49	2:08	3:18		5:16	5:58		6:35:39
90	V45	Leigh Hinchliffe	Pudsey Pacers RC	0:42	1:49	3:02		5:14	5:56		6:36:01
91	V40	Lee Tait	U/A	0:39	2:03	3:09		5:14	5:56		6:36:10
92	V40	Peter Carvell	Congleton Harriers	0:42	1:52	2:57		5:05	6:01		6:36:12
93	V40	Andy Pritchard	Buckley Runners	0:45	1:59	3:09		5:18	6:05		6:56:40
94	V50	Jim Londesborough	Hatton Darts RC	0:47	2:01	3:07		5:16	6:26		7:46:50

## Retirements

Race no.	Cat	Name	Club	Whin Rigg	Seatallan	Pillar
25	V45	John-Paul Hopkinson	Keighley & Craven			
132	V40	David Archer	U/A			
52	S	William Buckton	Settle Harriers	0:42		
120	LS	Helen King	U/A	0:51		
39	V55	Michael Robinson	Notts AC	0:52		
33	V45	Lewis Ashton	Dark Peak FR	0:52		
131	V55	John Leech	Dallam	0:53		
2	V45	Richard Mead	Dark Peak FR	0:45	1:59	
83	V45	Gregory Crowley	Dark Peak FR	0:48	2:09	
55	S	Andrew Parker	U/A	0:48	2:10	
38	V45	Duncan Ritchie	Todmorden Harriers	0:51	2:11	
115	V50	Paul Hindle	Wharfedale Harriers	0:51	2:12	
116	V60	Eddie Lesniak	Achille Ratti CC	0:51	2:12	
10	LV40	Fiona Lynch	Radcliffe AC	0:49	2:13	
9	V40	Luigi Salzano	Radcliffe AC	0:49	2:14	
69	V40	Craig Jeffery	Dark Peak FR	0:43	1:48	2:49
76	V45	Digby Harris	Pennine FR	0:40	1:46	2:53
123	V50	Chris Smallman	Mercia FR	0:45	1:52	2:56
103	S	Matthew Brian Rowland	Wigston Phoenix	0:47	1:56	2:56
47	V45	Dave Cummins	Highland Hill Runners	0:39	1:43	2:59
94	S	Patrick Butlin	Ranelagh Harriers	0:45	1:52	3:03
109	V40	Robert Crawford	Howgill Harriers	0:44	1:53	3:09
71	V45	Steven Soper	U/A	0:49	2:10	3:20
7	V40	James Bennett	U/A	0:45	2:05	3:20
67	V45	Mark Culshaw	Newburgh Nomads	0:52	2:17	3:23

Race no.	Cat	Name	Club					
66	V55	Wally Coppelov	Newburgh Nomads	0:52	2:17	3:23		
46	V50	Ian Shuttleworth	Coniston Fell Runners	0:36	2:16	3:36		
23	V50	Edwin Sherstone	Southport Waterloo AC	0:49	2:15	3:41		
125	S	Derry Lozano-Hoyland	Serpentine RC	0:50	2:15	3:41		
129	S	Jack Brough	24 CDO REME WKSP	0:48	2:20	3:49		
128	S	Jonathan Scott	24 CDO REME WKSP	0:48	2:20	3:49		
130	S	Kristian Paylor	24 CDO REME WKSP	0:48	2:20	3:49		
127	S	Keith Bryson	24 CDO REME WKSP	0:48	2:20	3:49		
36	LS	Fiona Fullwood	Dark Peak FR	0:52	2:21	3:54		
112	V50	Bill Beckett	Chorley A & Tri Club	0:51	2:20	3:54		
50	V40	Simon Curry	U/A	0:50	2:21	3:54		
54	V50	Steve Briggs	U/A	0:51	2:16	3:54		
16	S	Peter Eccleston	Dark Peak FR	0:49	2:12	3:54		
70	V40	Lyndon Ashley	Esk Valley Fell Club	0:39	1:42	2:57	5:06	5:52

## Age categories

### Junior U23 (18-23)

17	U23	Ted Ferguson	Borrowdale FR
71	U23	Noah Hurton	Eden Runners

### Gents V40

9	V40	Pete Vale	Mercia FR
16	V40	Dave Ward	Pennine FR
18	V40	Matthew Hulley	Pennine FR
27	V40	Oliver Blomfield	Eden Runners
29	V40	Peter Kemp	Ellenborough AC
35	V40	David Sykes	Dark Peak FR
38	V40	Andrew Britton	Idle AC
42	V40	Jez Brown	Buckley Runners
52	V40	Virgil Barton	Barlick R
62	V40	Yewen Bennison	Chorley A & Tri Club
84	V40	Chris Usher	Newburgh Nomads
86	V40	Dave Cumins	Team KOM
87	V40	Martin Gardiner	Team KOM
91	V40	Lee Tait	U/A
92	V40	Peter Carvell	Congleton Harriers
93	V40	Andy Pritchard	Buckley Runners

### Gents V45

2	V45	Simon Booth	Borrowdale FR
4	V45	Andrew Schofield	Borrowdale FR
11	V45	Mike Robinson	Dark Peak FR
36	V45	Dave Garner	Todmorden Harriers
41	V45	Paul Jackson	Horwich RMI H
43	V45	Steve Adams	Dark Peak FR
44	V45	Jonathan Melia	Rossendale Harriers
54	V45	Tim Jackson	Settle Harriers
66	V45	Simon Roberts	Buckley Runners
72	V45	Derek Hurton	Eden Runners
77	V45	Neil Hodgkinson	Todmorden Harriers
81	V45	Andrew McFarlane	Clayton-le-Moors H
90	V45	Leigh Hinchliffe	Pudsey Pacers RC

### Gents V50

15	V50	John Hunt	Dark Peak FR
30	V50	Jules Coleman	Lonsdale FR
32	V50	Tony Holland	Coniston
50	V50	Paul Helm	Wellington Ridge R
51	V50	Bill Johnson	Calder Valley FR
57	V50	Bill Williamson	CFR
65	V50	Brian Melia	Ilkley Harriers AC
68	V50	Stephen Paul Coope	Bowland FR
69	V50	Neil Birchall	Manx FR
75	V50	Mark Ellithorn	Chorley A & Tri Club
78	V50	Steve Rhodes	U/A
82	V50	Simon Thomas Archer	U/A
89	V50	Ben Robson	Dark Peak FR
94	V50	Jim Londesborough	Hatton Darts RC

### Gents V55

34	V55	Leigh Warburton	Bowland FR
48	V55	Roger Laycock	Settle Harriers
56	V55	Martin Terry	Clayton-le-Moors
74	V55	David Ralphs	Newburgh Nomads
83	V55	Geoff Davis	Northumberland FR

### Ladies Overall

13	LS	Jasmin Paris	Carnethy HR
26	LV45	Nicky Spinks	Dark Peak FR
33	LS	Nina Walkingshaw	Howgill Harriers
47	LS	Liz Barker	Ellenborough AC
58	LV45	Jean Brown	Clayton-le-Moors H
63	LS	Katie McKay	U/A
67	LS	Lucy Spain	Helm Hill R
76	LS	Hayley Evans	Buckley Runners
79	LS	Steph Jones	Ambleside AC
88	LV45	Alison Wainwright	Dark Peak FR

### Ladies LV45

26	LV45	Nicky Spinks	Dark Peak FR
58	LV45	Jean Brown	Clayton-le-Moors H
88	LV45	Alison Wainwright	Dark Peak FR

### Gents Teams (3 to count)

1	Ambleside AC	9 points	(1,3,5)
2	Borrowdale FR	23	(2,4,17)
3	Dark Peak FR	38	(11,12,15)
4	Bowland FR	79	(22,23,34)
5	Eden Runners	90	(14,27,49)
6	Pennine FR	107	(16,18,73)
7	Calder Valley	134	(24,51,59)
8	Todmorden Harriers	150	(36,37,77)
9	Team KOM	183	(10,86,87)
10	Buckley Runners	201	(42,66,93)

## **Race Report**

My & Will's heartfelt thanks goes out to all of our marshals who stuck it out in challenging weather conditions on the summits, collected the runners' tallies & wrote down their numbers & sustained the radio network. The meticulous standard of their care for the runners ensured that no-one went astray without our knowledge.

A sincere thank you to Luigi Salzano, Eddie Lesniak (& my apologies for trying to award him the 1<sup>st</sup> prize for V60!) & Paul Hindle for discarding their opportunities for reaching Pillar inside the cut-off time, instead assisting down Fiona Lynch who had fallen & sustained head injuries during the approach. She was then attended to by our paramedic.

That was a wonderful display of selflessness & something to treasure as part of the unique spirit among mountain runners.

Another runner ended up at Honister but managed to get a lift back.

Lyndon Ashley suffered hypothermia during a long descent from Scafell Pike but was assisted down by walkers & after being checked by North West Ambulance was finally allowed to drive home. We were indebted to our paramedic who stayed on until nearly 9pm.

Congratulations to all runners who got round in severe weather conditions. 133 started, 39 retired or were timed out.

Thank you to those of you who were timed out for obeying the cut-off times, & for checking in at the registration.

The application of cut-off times confirmed their usefulness in protecting runners & marshals alike from undue exposure time in such conditions. The design of the Gable cut-off is to limit the overall finish time to a maximum of about 7.5hrs.

Because of the effects of the weather on our finish timing, some of the later times were rounded to the nearest 15 or 30sec although it does not affect the finish order.

Thanks also to the catering team who did wonderful work providing food & hot drinks until their tent was blown down near the end.

I shall be preparing Wasdale fell race certificates for all finishers which will be signed by Joss Naylor & will be posted out to you asap along with any prizes which could not be awarded at the time of presentation as some runners had already departed.

Thank you all very much for coming along & running the Wasdale in such good spirit.

Next year 2017 will be a championship event.

Regards Richard Eastman/Will Spain