

CUMBERLAND FELL RUNNERS ASSOCIATION WASDALE FELL RACE 1995
RACE RESULTS

POS 'N	NAME	CAT	CLUB	WHIN RIGG	GREEN DALE	SEAT ALLAN	PILLAR	GREAT GABLE	ESK HAUSE	SCAFELL PIKE	FINISH
1	J BLAND		BORROWDALE	0.36	0.54	1.28	2.06	2.43	3.11	3.33	3.51.15
2	J DAVIES		BORROWDALE	0.35	0.55	1.28	2.06	2.45	3.16	3.41	4.00.54
3	G BLAND		BORROWDALE	0.36	0.55	1.29	2.11	2.53	3.31	3.55	4.16.35
4	A DAVIES		U/A	0.36	0.56	1.32	2.17	2.59	3.31	3.55	4.16.39
5	L THOMPSON		CLAYTON	0.38	1.00	1.39	2.24	3.07	3.39	4.02	4.19.10
6	M HOLROYD		BORROWDALE	0.36	0.57	1.34	2.19	3.03	3.36	4.01	4.21.07
7	M FLEMING		AMBLESIDE	0.37	0.57	1.35	2.20	3.05	3.41	4.05	4.30.44
8	S SHUTTLEWORTH		AMBLESIDE	0.37	0.57	1.35	2.30	3.07	3.43	4.10	4.33.44
9	P HEMINGWAY		CFR	0.36	0.56	1.32	2.17	3.02	3.44	4.12	4.37.53
10	I TURNBULL		BORROWDALE	0.40	1.03	1.43	2.20	3.19	3.52	4.17	4.39.06
11	I BLOCK	V40	CFR	0.40	1.02	1.42	2.29	3.16	3.52	4.17	4.39.22
12	Y TRIDIMAS	V50	NORTHERN VETS	0.41	1.04	1.45	2.33	3.20	3.56	4.23	4.44.25
13	J BLAIR FISH	V40	CARNETHY	0.39	1.04	1.42	2.29	3.17	3.52	4.19	4.47.26
14	R WILSON		DARK PEAK	0.39	1.03	1.41	2.30	3.19	3.54	4.23	4.48.02
15	S BIRKINSHAW		WCOC	0.38	1.00	1.41	2.31	3.23	3.59	4.28	4.51.43
16	R ANSELL		DARK REAK	0.40	1.04	1.44	2.33	3.21	3.59	4.27	4.53.59
17	R MITCHELL	V40	MANDALE	0.40	1.02	1.43	2.32	3.23	4.02	4.31	4.55.04
18	N HEWITT	V40	LANCS & MORE	0.39	1.02	1.44	2.33	3.25	4.06	4.33	4.55.33
19	B ROBERTS		MANDALE	0.40	1.02	1.43	2.31	3.23	4.02	4.31	4.57.34
20	S YOUNG	V40	CFR	0.40	1.02	1.44	2.38	3.32	4.11	4.40	5.00.24
21	D TAIT	V45	U/A	0.42	1.07	1.49	2.40	3.29	4.08	4.35	5.00.38
22	I POEWLL		READING	0.43	1.06	1.50	2.40	3.31	4.10	4.31	5.01.37
23	B BERZIN		DARK PEAK	0.40	1.03	1.44	2.33	3.25	4.08	4.39	5.04.11
24	L WARBURTON		BOWLAND	0.45	1.10	1.55	2.45	3.34	4.13	4.42	5.06.06
25	P BROWNING		CLAYTON	0.45	1.12	1.59	2.54	3.46	4.20	4.49	5.12.18
26	J FAULKNER		KESWICK	0.44	1.08	1.53	2.48	3.39	4.17	4.48	5.13.54
27	C JONES		ACHILLE RATTI	0.40	1.02	1.45	2.36	3.29	4.12	4.50	5.17.55
28	P CORRIS	V40	LANCS & MORE	0.42	1.08	1.50	2.42	3.37	4.17	4.50	5.19.01
29	G HOUGHTON	V45	CALDER VALLEY	0.40	1.04	1.44	2.32	3.32	4.17	4.50	5.20.19
30	E MOODY	LADY	WCOC	0.43	1.09	1.54	2.49	3.44	4.21	4.51	5.20.53
31	T HOUSTON		BOWLAND	0.44	1.08	1.53	2.48	3.42	4.22	4.55	5.21.40
32	N HARRIS	V45	ROSSENDALE	0.45	1.12	1.57	2.52	3.47	4.26	4.58	5.24.21
33	A METELLO		KMC	0.43	1.10	1.57	2.49	3.44	4.22	4.55	5.29.49
34	B BUCKLEY	V50	ROSSENDALE	0.44	1.08	1.54	2.52	3.51	4.31	5.04	5.36.40
35	C McILREAVY		LEEDS CITY	0.42	1.08	1.50	2.42	3.41	4.25	5.01	5.38.06

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36	D BATESON	V40	ACHILLE RATTI	0.43	1.09	1.54	2.52	3.53	4.37	5.11	5.44.56
37	A SHAW	V55	TODMORDEN	0.46	1.13	2.02	3.02	3.59	4.40	5.17	5.47.40
38	C GRIME	V50	ROUNDTREES	0.47	1.14	2.01	2.59	4.01	4.47	5.21	5.54.12
39	J WALKER	LADY	ROSSENDALE	0.48	1.16	2.05	3.06	4.07	4.52	5.25	5.56.00
40	I POMEROY		WESSEX MOUNT'S	0.44	1.11	1.58	3.01	4.05	4.48	5.22	5.58.04
41	T ATKINSON	V45	ACHILLE RATTI	0.44	1.11	1.57	2.55	3.58	4.48	5.23	5.58.50
42	P BLAGBROUGH	V50	SADDLEWORTH	0.46	1.14	2.01	3.02	4.05	4.52	5.25	6.03.13
43	C LATTER	V45	TATTENHALL	0.43	1.10	1.59	3.01	4.06	4.48	5.38	6.15.47
44	C BRAD	V50	DARK PEAK	0.45	1.13	2.02	3.06	4.14	5.03	5.42	6.16.15
45	J SWIFT	V55	CHORLEY A/C	0.45	1.13	1.59	3.01	4.11	5.01	5.41	6.21.06

RETIREMENTS

NO	NAME	CLUB	WHIN RIGG	GREENDALE	SEATALLAN	PILLAR	GREAT GABLE	ESK HAUSE	SCAFELL PIKE	FINISH
2	R UNWIN		0.39	1.02	1.42	2.29	R			
5	M HAYER		0.48	R						
6	P BROOKS		0.49	1.20	2.12	R				
8	J SMITH		0.48	1.25	2.24	R				
12	P CONWAY		0.45	1.15	2.09	R				
13	E WATSON		0.48	1.20	2.10	R				
16	G O'NEILL		0.47	1.16	2.07	R				
17	P STEPHENS		0.43	1.11	2.04	R				
19	M COLES		0.46	1.12	1.59	R				
31	D GIBSON		0.41	1.05	1.52	2.52	R			
40	A GRIFFITHS		0.39	1.02	1.47	2.43	R			
42	B LEATHLEY		0.48	1.16	2.09	3.14	R			
57	D CROWTHER		0.39	R						
58 RUNNERS STARTED			58	58	56	56	50	45	45	45

TEAMS

1 BORROWDALE 6 POINTS
2 CFR 40 POINTS
3 DARK PEAK 53 POINTS

At last after so many years cursed with bad weather conditions, the 1995 Wasdale started warm and humid, with the runners not far behind! A random kit check having been carried out, the field of 56 gents and 2 ladies started.

Jim Davies of Borrowdale led at Whin Rigg from Jonny Bland, Gavin also Borrowdale and A Davies (U/A). These four comprised the leading group throughout the race. John opened up a ½ minute lead by Greendale (not a checkpoint) from Jim with Gavin just behind. Jonny and Jim ran pretty much together through Seatallan and Pillar having by then established a 5 minute lead over Gavin. By Gable Jonny had opened up a 2 minute lead over Jim and 10 minutes over Gavin. The telling section was the rocky descent from Gable and the steady pull to Esk Hause in very humid conditions, where Jonny opened those gaps to 5 minutes and 20 minutes respectively.

Meanwhile Davies pulled up nearly 6 minutes to catch Gavin who must have had a bad run over this section. Jonny remorselessly stretched his lead to 8 minutes by Scafell and nearly 9 minutes at the finish. Jim ran in to take 2nd place. Gavin raced Davies all the way from Esk Hause (only seconds apart at Scafell) to beat him by 4 seconds. A particularly strong Scafell descent was made by Lee Thompson from Clayton who beat 17 minutes, closing down on Davies from 7 minutes at Scafell to only 2½ minutes at the finish. A formidable performance in gruelling conditions.

1st Vet was Irvine Block from CFR who once again had race no 1 (ensuring the race administrators were awake and remembering to clearly define his race number from his initials, and not recording him as competitor number 11).

1st lady was Emma Moody, looking relaxed (as do most lady finishers) and promptly was asked to go back by Danny Hughes, camera at the ready for a re run of the finish funnel dash!

Both gents/ladies records were safe this year. Commiserations to those (including Brian Leathley at 64 our oldest runner, timed out at Gable) who had to retire either voluntarily or who were timed out.

Please remember that closing times are set for your safety in that if you fail at one you are very unlikely to reach the next and any subsequent checkpoints in; a) A reasonable time and b) a fit condition to continue running. One competitor this year continued on after being timed out and this nearly resulted in me calling out the mountain rescue as he had been out of contact for close to 3 hours. Retirements must report direct to the finish and hand in their tallies. You can run anywhere you like after that!

Many thanks to Mr Rigby and lady friend who, after turning up too late to enter offered to help and did a stint on Lingmell Nose Wall checkpoint and to another would be competitor who helped at Scafell well done. Thanks also to Peter O'Neill and Chris Eastman (my lad) at Whin Rigg, John Robson and David Livesey at Seatallan, Geoff Clucas and son, Alan Christian and David Polhill at Pillar, Steve Barnes and Jenny Bailey at Great Gable, Rod Chilton and Len Watson at Esk Hause, John Burrows and Neil Eccles at Scafell and Ingrid Ellen and Chris Eastman (again!) at Lingmell Nose Wall.

Thanks also to Chris Ellen who manned the radios, the start and finish team of Danny and Norma Hughes, Miriam Brooks, Bob Davies, my daughter Helen and my fiance Sandy who made the prizes, has sorted out the certificates, apologies for not having issued these at the race, and deals with the post race admin. Also my other children Gordon, Lucy and Hannah for giving out the orange squash! Thanks to the St Johns Ambulance who did some patching up this year, to Pete Bland for the race numbers and to the Gosforth ladies who once again provided the food tent and organised the raffle. The 1st prize of a pair of Walsh PB's (donated by Pete Bland) was won by Brian Heath. The 2nd prize of a cake (made by Norma Hughes) was won by Danny Hughes amid cries of fix! Finally my thanks to all of you for turning up to support the race, unfortunately the field is shrinking each year and without your continual support it would not be viable for it to continue. So Please encourage others to come along next year, especially the ladies, and help us guarantee you a superb race, and dare I say it traditional good old Wasdale weather, whatever it brings!

See you all next year,

Richard J. Eastman
C.F.R.A. Chairman.
21 August 1995.

P.S. Please don't forget the final C.F.R.A. race of this year, the Scafell Pike Fell race on Saturday 23 September. Bring your partners and go for the only Jack and Jill prize in the calendar!