

## Wasdale - Entries to 6<sup>th</sup> July

Abdelnoor, Ben	MSEN Ambleside AC	Caddick, Jenny	W45 Dark Peak FR
Addison, Tom	MSEN Helm Hill R	Carradice, Julian	M55 U/A
Allen, Mick	MSEN CFR	Carvell, Peter	M40 Congleton Harriers
Allison, Rupert	MSEN Dark Peak FR	Charlesworth, Ian	M50 Penistone Footpath R & AC
Anderson, Warwick	M45 Pocklington R	Coleshill, Dave	M45 Dark Peak FR
Andralojc, Nick	M55 Harrogate H & AC	Collison, Kim	MSEN Borrowdale FR
Ansell, Rick	M55 Tring RC	Cooke, James	MSEN Calder Valley FR
Anthony, Alasdair	M40 Ochil Hill R	Coope, Stephen Paul	M50 Bowland FR
Appleton, James	MSEN Keswick AC	Cooper, Jonathan	M50 Helm Hill R
Archer, Kate	WSEN Ilkley Harriers	Cooper-Knock, Johnathan	MSEN Totley AC
Ashcroft, Neil	M45 Ambleside AC	Cornforth, Paul	M50 Borrowdale FR
Axon, Kris	MSEN British Army	Cowin, Timothy	M40 Helm Hill R
Baddeley, Mark	M40 Lincoln Wellington AC	Craven, Jason	MSEN Rossendale H
Bailey, Simon	MSEN Mercia FR	Creber, Maggie	W55 Carnethy HR
Barber, Nicholas	MSEN Pennine FR	Croft, Dan	M50 Macclesfield H
Barber, Nick	M40 Todmorden Harriers	Crompton, Peter	M60 CFR
Bark, Stephen	M45 Skegness & District RC	Crowley, Gregory	M50 Dark Peak FR
Barkley, Simon	M40 Oswestry Olympians	Cudby, Dave	MSEN Truro RC
Barnes, Philip	M55 Pennine FR	Cumins, Dave	M45 Mow Cop R
Beaumont, Ben	MSEN Mercia FR	Curtis, Noel	M40 Pennine FR
Beckett, Bill	M50 Chorley A & Tri Club	Darling, Marcel	M45 Shelton Striders
Bedson, Carl	M45 Cheshire Hill Racers	Davies, Peter	MSEN Dark Peak FR
Beetham, John	M40 Keswick AC	Day, Lawrence	M40 Ambleside AC
Beetham, Trudy	W40 Keswick AC	Deegan, Jonathan	M50 Ambleside AC
Bell, Carl	MSEN Keswick AC	Dent, Heidi	WSEN Howgill Harriers
Bell, Wilfred	M60 Howgill Harriers	Dickenson, Andy	M50 Dark Peak FR
Bellamy, Gwyn	MSEN Westerlands XC	Dickson, Stuart	M40 Ambleside AC
Birchall, Neil	M50 Manx FR	Dodd, Emma	WSEN Wharfedale H
Blackett, Joe	M50 Dark Peak FR	Dodds, Wendy	W65 Clayton-Le-Moors
Blomfield, Oliver	M45 Eden Runners	Driver, Matt	MSEN Holcombe Harriers
Bolton, Richard	M40 Pennine FR	Dry, Jonny	MSEN Windsor, S,E&H AC
Bonington, Rupert	M45 Keswick AC	Duffield, Claire	W40 Todmorden H
Booth, Vincent	M50 Cheshire Hill Racers	Dumenil, Matt	MSEN Pennine FR
Boothman, John	M50 Barlick FR	Dunn, Andy	M40 Bristol & West AC
Boothman, Will	MSEN Dark Peak FR	Duxbury, Dan	M40 Ambleside AC
Bradley, Andrew	M50 CFR	Edwards, Stephen	M40 Calder Valley FR
Bradley, Gary	M50 Barlick Fell Runners	Egan, Chris	M50 Tring RC
Brennan, Matty	MSEN Erewash Valley RC	Egner, Mike	M60 Settle Harriers
Brennan, Patrick	MSEN Rossendale H	Fauset, Paul	M40 Dark Peak FR
Brooks, Mark	M50 Puretrail Running	Ferguson, Ian	M55 Bingley AC
Brooks, Tim	M45 Calder Valley FR	Ferguson, Ted	MU23 Borrowdale FR
Brown, Graeme	M40 Todmorden H	Ferris, Peter	M50 CFR
Browne, Robert	MSEN Black Combe R	Findlay-Robinson, Rachel	WSEN Keswick AC
Browne, Rowena	W55 Bowland FR	Fishwick, Darren	M45 Chorley Athletic & Tri Club
Buchan, Helen	WSEN Calder Valley FR	Foley, Steven	M45 Horwich RMI H
Burns, Alisdair	MSEN Wharfedale H	Ford, Gemma	WSEN Todmorden H
Bush, Tom	MSEN Pennine FR	Forster, Karon	W50 Calder valley FR

Foster, Tom	M40	Mercia FR	Holmes, Harry	MSEN	Pudsey & Bramley AC
Foxall, Jack	M40	Dark Peak FR	Holmes, Keith	M60	Dark Peak FR
Foxwell, Michelle	W40	Ambleside AC	Holroyd, Martin	M50	Borrowdale FR
Funnell, Bridget	W60	Off Roadents	Horrocks, Tim	M50	Pennine FR
Fussell, Mark	MSEN	CFR	Howarth, Susan	W55	Mercia FR
George, Peter	M40	Keswick AC	Hulley, Matthew	M40	Pennine FR
German, Peter	MSEN	Helm Hill Runners	Hunt, John	M50	Dark Peak FR
Gibbs, Astrid	W40	Ambleside AC	Hurton, Noah	MU21	Eden Runners
Gibbs, Tom	M45	Ambleside AC	Hutchinson, Jamie	M45	Ilkley Harriers
Gibson, Carrie	W45	Helm Hill R	Illstone, Iain	MSEN	Calder Valley FR
Gillyon, Jo	W40	Keswick AC	Ingledey, Cpl	MSEN	British Army
Gomersall, Tom	MSEN	Bingley Harriers	Jackson, Andrew	M40	Bowland FR
Goodall, Pat	W60	Totley AC	Jackson, Chris	MSEN	Pennine FR
Gowans, Deborah	W50	Accrington RR	Jackson, Edmond	M50	FRA
Grant, Ben	M65	Harrogate Harriers	Jackson, Nichola	WSEN	Preston H
Gray, Karl	M45	Calder Valley FR	Jackson, Paul	MSEN	Dark Peak FR
Gray, Robin	M50	Todmorden H	Jackson, Steve	M60	Horwich RMI H
Gregory, David	M40	U/A	Jackson, Tim	M45	Settle Harriers
Grindley, Ian	M50	Mercia FR	Jardine, Doug	M40	Cape town
Haigh, Paul	MSEN	Calder Valley FR	Jardine, Josh	MU23	Helm Hill
Hale, Francis	M45	Higham Harriers	Jardine, Susie	W40	Cape Town
Halse, James	M40	Dark Peak FR	Jebb, Andrew	M40	Bingley Harriers
Hampshire, Peter	M40	Pensby Runners	Jebb, Rob	M40	Bingley Harriers
Harding, Caroline	W40	Pudsey & Bramley AC	Jeff, Nigel	M50	Buxton AC
Hardman, Jonathan	MSEN	Cheshire Hill Racers	Jeggo, Paul	M55	Springfield Striders
Harris, Richard	M50	Newburgh Nomads	Jennings, Paul	M50	CFR
Harrison, Andrew	MSEN	Preston Harriers	Jepson, Judith	W50	Dark Peak FR
Harvey, Adrian	MSEN	Howgill Harriers	Johnstone, Eleanor	WU23	FRA
Hauser, Andy	M60	Holmfirth H	Jones, Huw	M50	Birmingham RA&TC
Hawkrigg, Natalie	W45	Northern Fells RC	Jones, Steve	MSEN	Keswick AC
Haworth, Daniel	MSEN	Keswick AC	Kamarainen, Outi	WSEN	Ilkley Harriers
Haworth, Victoria	WSEN	Keswick AC	Kay, Ashley	M55	Dark Peak FR
Hebblethwaite, Steven	MSEN	Keswick AC	Keeling, David	M55	Cheshire Hill Racers
Helme, John	MSEN	Ambleside AC	Kelly, Graham	M45	Westerlands CCC
Heron, Tony	M45	Todmorden H	Kelsey, Chris	M60	Wells City H
Hewitson, Chris	M40	Congleton H	Kemp, Peter	M40	Ellenborough AC
Hewitt, Nick	M60	Bowland FR	Kermode, James	MSEN	Chorlton Runners
Higgins, Simon	M45	Congleton H	Kilpin, Damian	M40	Penistone FR & AC
Hinchliffe, Leigh	M45	Pudsey Pacers RC	Kimmins, Damian	M40	Keswick AC
Hind, Mike	M65	Borrowdale FR	Knowles, Eleanor	W45	Ambleside AC
Hindle, Paul	M50	Wharfedale Harriers	Knowles, Steve	M45	Pennine FR
Hitchmough, Mike	M50	Newburgh Nomads	Laffar, James	MSEN	U/A
Hobbs, Lucy	W45	Todmorden H	Lamb, Mark	MSEN	Keswick AC
Hobbs, Matthew	MSEN	Pudsey & Bramley AC	Lawler, James	MSEN	U/A
Hobbs, Paul	M40	Todmorden Harriers	Lawrance, David	M40	Macclesfield H
Hodgson, Kieran	M40	Helm Hill R	Lesniak, Eddie	M60	Achille Ratti CC
Hodgson, Phil	M60	Todmorden Harriers	Lewis, Jason	M45	U/A
Holland, Tony	M50	FRA	Lim, Danny	MSEN	Elvet Striders
Holmes, Andrew	MSEN	Pennine FR	Lister, Chris	MSEN	Ellenborough AC

Loan, Tom	MSEN Keswick AC	Newton, Lee	MSEN Keswick AC
Lockyer, Matthew	MSEN Pudsey & Bramley AC	Niblock, Catherine	WSEN Helm Hill R
Longman, Harry	M55 Wreabe R (FRA)	Northrop, Neil	MSEN Dark Peak FR
Lord, Harvey	MSEN Black Combe FR	Nosworthy, Roger	M70 Off Roadents
Lowry, Neil	M40 U/A	Oates, Todd	MSEN Ambleside AC
Lund, David	MSEN Dark Peak FR	Ohly, Shane	M40 Helm Hill R
Lupton, Anna	WSEN Black Combe R	O'Keeffe, Steven	M45 Northern Fells RC
Lynch, Fiona	W40 Radcliffe AC	Parker, Lisa	WSEN Accrington RR
Mackie, Peter	M40 Shettleston H	Patten, Graham	M50 Ambleside AC
Malarkey, Lesley	W65 Keswick AC	Paul, Tony	M40 Telford AC
Mallen, Michael	M60 Keswick AC	Pearce, James	M45 U/A
Malley, Jonny	MSEN Ambleside AC	Pearson, Philip	M55 Northern Fells RC
Mann, Jim	M40 Helm Hill R	Perry, Martin	MSEN Esk Valley Fell C
Mansell, Kate	W45 Todmorden H	Pickles, Karen	W45 Pudsey & Bramley AC
Martin, Alex	MSEN U?A	Pierce, James	M40 Penistone FR
Mason, Paul	M55 CFR	Pilling, Graham	MSEN Pudsey & Bramley AC
Mason, Ted	MSEN Wharfedale H	Pilling, Rachel	WSEN Pudsey & Bramley AC
McFarlane, Andrew	M45 Rossendale H	Powell, Jean	W45 Wharfedale Harriers
McGaff, Tom	M60 Cheshire Hill Racers	Procter, Zoe	W40 Pennine FR
McGimpsey, Garth	MSEN Mournie Runners	Proctor, Jane	W50 Samoens Trail Club
McGoldrick, Mark	MSEN Wharfedale Harriers	Prosser, Dave	M50 Keswick AC
McGrady, Samantha	W45 U/A	Pyke, Stephen	M50 Dark Peak FR
McGrath, Richard	M40 Ellenborough AC	Rainbow, Chris	M50 Skegness & District RC
McKeown, Allan	M40 Bowland FR	Rainford, John	M55 Preston Harriers
McLoughlin, Mike	M60 Preston Harriers	Ranner, Rowan	WSEN Helm Hill R
McMurdo, Andy	MSEN Pennine FR	Redvers Harris, Jack	MSEN ?
Mead, Richard	M45 Dark Peak FR	Richards, Alison	W40 Helm Hill Runners
Meeks, Jane	W55 Borrowdale FR	Rigby, Peter	MSEN U/A
Melia, Jonathan	M45 Rossendale Harriers	Roberts, Andrew	M45 Congleton H
Mellon, Richard	M45 Bowland FR	Roberts, Kelli	WSEN Ambleside AC
Mellor, Rachel	WSEN Keswick AC	Roberts, Louise	W45 Ambleside AC
Messenger, Mark	M50 Macclesfield H	Roberts, Mark	M55 Borrowdale FR
Metcalfe, Ruth	W45 Eryri Harriers	Robinson, John	M55 Notts AC
Midgley, Mark	M50 Bowland FR	Robinson, Mike	M45 Dark Peak FR
Mikkelsen-Barron, Martin	MSEN Borrowdale FR	Robson, Marie	W45 Helm Hill R
Millen, John	M40 Black Combe R	Rotondi, Mauro	M45 Radcliffe AC
Miller, Tim	M50 Ambeside AC	Russell, Andrew	M50 Helm Hill R
Milliken, Dave	M50 Horwich RMI	Russell, Stuart	M45 Liverpool RC
Mills, Ian	M40 Pennine FR	Rylance, Jon	M40 Ambleside AC
Mills, Logan	MSEN U/A	Salzano, Luigi	M40 Radcliffe AC
Mills, Tom	MSEN Bowland FR	Saville, Tom	MU23 Dark Peak FR
Morgan, Rebecca	WSEN ?	Scarf, Jackie	W50 Calder Valley FR
Morley, Scott	MSEN Eden Runners	Scarf, Phil	M50 Calder Valley FR
Morran, Stephen	M60 Bolton United H	Schofield, Andrew	M45 Borrowdale FR
Morton, Muir	M40 Pennine FR	Seddon, Matthew	MSEN Pudsey & Bramley AC
Moses, Colin	M50 Whardale H	Selka, Archibald	MSEN British Army
Mounsey, Simon	M45 Howgill Harriers	Sharples, Jon	M60 Clayton-le-Moors H
Mullen, Daryl	M50 Newburgh Nomads	Shaw, Bart	MSEN Totley AC
Murray, Tim	M55 Helm Hill R	Shaw, Graeme	M40 U/A

Shaw, Philip	M50	Mansfield Harriers	Vale, Pete	M45	Mercia FR
Sherstone, Edwin	M50	Southport Waterloo AC	Vecqueray, Richard	M45	U/A
Shorrock, Stephen	MSEN	Barlick FR	Wainwright, Alison	W45	Dark Peak FR
Shuttleworth, Ian	M50	FRA	Wainwright, Max	MU23	Dark Peak FR
Sidaway, Neil	M50	CFR	Walker, Lindsay	WSEN	Keswick AC
Simpson, Paul	M50	Kendal AC	Wallace, Neil	M40	Pudsey & Bramley AC
Simpson, Tom	MU23	Ambleside AC	Walton, Brian	M60	Horwich RMI H
Slater, Lorraine	W45	Barlick FR	Warburton, Leigh	M55	Bowland FR
Slattery, Andrew	M45	Keswick AC	Ward, Dave	M40	Pennine FR
Slattery, Rachel	W45	Helm Hill R	Warhurst, Ian	M55	Pennine FR
Smallman, Chris	M50	Mercia FR	Watson, Johnnie	M45	Calder Valley FR
Smedley, Steve	M50	U/A	Watson, Peter	MSEN	Erewash Valley RC
Smith, Craig	M50	Keswick AC	Watson, Sam	MSEN	Wharfedale Harriers
Sneddon, Edward	M40	Mercia FR	Watts, Andy	M65	Cheshire Hill Racers
Spill, John	MU21	Oxford University	Werrett, Tim	M45	Mercia FR
Spinks, Nicky	W50	Dark Peak FR	White, David	M45	Helm Hill Runners
Spurden, Catherine	WSEN	Keswick AC	Wilcox, Chris	M60	Buckley Runners
Stansfield, Craig	M45	Rossendale Harriers	Wilcox, Jo	W50	Helm Hill R
Stead, Sam	MSEN	Keswick AC	Wilkinson, Barry	M50	Borrowdale FR
Steele, David	M40	FRA	Wilkinson, Garry	M50	Clayton-le-Moors H
Steinegger, Karl	MSEN	Ambleside AC	Williams, David	MSEN	Ellenborough AC
Stevens, Richard	M40	Ambleside AC	Williams, Josh	MSEN	Dark Peak FR
Storey, Stephen	M60	Penistone FR & AC	Winskill, Phil	M40	Keswick AC
Stuart, Rick	M50	Helm Hill Runners	Wittaker, Guy	MSEN	British Army
Sumner, Allan	M45	U/A FRA	Wood, Jack	MSEN	Ilkley Harriers
Sutor, Ken	M40	Cheshire Hash House H	Wood, Nigel	M40	Helm Hill R
Swift, Andy	MSEN	Calder Valley FR	Woodhead, Toby	M40	U/A
Sydes, Toby	M45	Calder Valley FR	Woolhouse, Paul	M40	Pennine FR
Sykes, David	M40	Dark Peak FR	Worster, Andrew	MSEN	Todmorden H
Symington, Ian	MSEN	Calder Valley FR	Wright, Tom	W40	Truro RC
Talbot, Richard	M40	Ambleside AC	Zinis, Douglas	MSEN	Calder Valley FR
Taylor, Dave	M50	Dark Peak FR			
Taylor, Paul	M50	Saddleworth R			
Taylor, Sharon	WSEN	Helm Hill R			
Terry, Martin	M55	Clayton-le-Moors			
Thompson, John	M45	Newburgh Nomads			
Thorpe, Gary Robert	M50	Ambleside AC			
Tierney, Paul	MSEN	Ambleside AC			
Tinnion, Calum	MSEN	Ellenborough AC			
Tonkin, Jacob	MSEN	Keswick AC			
Tosh, Sam	MSEN	Rossendale H			
Tuddenham, Robin	M45	Todmorden Harriers			
Tunstall, Denise	W50	Durham FR			
Turland, Steve	M45	Ilkley Harriers			
Turner, Jim	MSEN	Bowland FR			
Tuzio, Karl	M50	Newburgh Nomads			
Tyson, Jim	M40	Ambleside AC			
Ulett, Jonathan	MSEN	U/A			
Umpleby, Scott	M50	Kendal AC			